FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * TRIPP MATTHEW L				2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [natr]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) EVP & Chief Scientific Officer					
(Last) (First) (Middle) 2500 WEST EXECUTIVE PARKWAY, SUITE 100				3. Date of Earliest Transaction (Month/Day/Year) 03/02/2015									EVP & C	niei Scientii	nc Officer		
(Street) LEHI, UT 84043				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Dis								ed, Dispo	posed of, or Beneficially Owned			
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i) any (Month/Day/Year		(Instr. 8)		ction	(A) or Disposed of (Instr. 3, 4 and 5)		d of (I	D) [Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) Ownership of Inform: Form: Direct (D) Ownership of Informed Following Ownership of Informed Following Form: Owner		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock		03/02/2015				F		425 (1	A	\$ 12.	.87	13,987			D		
	K		or each class of secur	Derivativ	e Securi	ties A	cquire	Pers cont the t	sons whatained in	no resp n this f splays	orm a cui	are rrent	not requ tly valid		ormation spond unle rol numbe	ss	1474 (9-02)
	2. Conversion or Exercise Price of Derivative Security	3. Transactic Date (Month/Day	3A. Deemed Execution Da	(e.g., puts, calls, was a second of the seco		5.		6. Date Exercisable and Expiration Date (Month/Day/Year) Compared to the Expiration Date (Month/Day/Year) Compared to the Expiration Date (Month/Day/Year)			7. Tit Amou Under Secur Instr. 4)	le and unt of rlying ities . 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Beneficia Ownersh (Instr. 4)	
				Co	ode V	(A)	(D)	2					of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
TRIPP MATTHEW L 2500 WEST EXECUTIVE PARKWAY, SUITE 100 LEHI, UT 84043			EVP & Chief Scientific Officer					

Signatures

Stephen M. Bunker as attorney-in-fact for Matthew L. Tripp	03/04/2015
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of NATR common stock withheld to pay taxes upon vesting of restricted stock units originally granted to the Reporting Person on February 11, 2014. The number of shares withheld was determined on March 2, 2015, based on the closing price of NATR common stock on that date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.