FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

esponses)														
1. Name and Address of Reporting Person * Strulson Richard				2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [natr]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director I 00% Owner Other (specify below)					
(Last) (First) (Middle) 2500 W EXECUTIVE PARKWAY #100				3. Date of Earliest Transaction (Month/Day/Year) 03/02/2015							EVP	Gen. Counse	:i/CCO		
(Street) LEHI, UT 84043				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		any		Code (Instr. 8)		(A) or Disposed o (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	ally Owned Following d Transaction(s)		Ownership Form: Direct (D)	Beneficial Ownership
					C	ode	V	Amoun	or	Price				(I) (Instr. 4)	(Instr. 4)
ck		03/02/2015				F		425 (1	11 /	*	21,821			D	
		Table II				cquire	cont the f	ained i form dis	n this for splays a of, or Ben	rm are curre reficial	e not requ ntly valid	uired to res	spond unle	ss	1474 (7-02)
version	Date	on 3A. Deemed Execution Degry/Year) any	ate, if	4. Transaction Code Year) (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec	ount of lerlying urities tr. 3 and	Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownershi Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownershi (Instr. 4)
											Amount				
ty vxe	CUTIV 043 y ck t on a so	(Street) O43 (State) O45 O47 O48 O48 O49 O49 O49 O49 O49 O49	cutive Parkway #100 (Street) O43 (State) (Zip) 2. Transaction Date (Month/Day/Year) ck t on a separate line for each class of secutive profession Date (Month/Day/Year) Table II - Version Date (Month/Day/Year) O43 (State) 2. Transaction Date (Month/Day/Year) Execution Date (Month/Day/Year) (Month/Day/Year)	dress of Reporting Person 2. Ard (Richard Middle) 3. D CUTIVE PARKWAY #100 03/ (Street) 4. If O43 (State) (Zip) Ty 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (e.g., of varive of varive of varive of varive of the control of the	dress of Reporting Person* 2. Issuer Name NATURES S [natr] (First) (Middle) 3. Date of Earlies 03/02/2015 (Street) 4. If Amendment O43 (State) (Zip) T (Street) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. 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Relationship of Reg (Chonter (patrice)) 6. Individual or Joint/A (Chonth/Day/Year) 7. Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 7. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 7. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 8. Price of Code (Month/Day/Year) 7. Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Derivative Securities (Month/Day/Year) 8. Price of Original Filed(Month/Day/Year) 8. Price of Original Filed(Month/Day/Year) 8. Amount of Securities (Month/Day/Year) 8. Amount of Securities (Month/Day/Year) 8. Price of Original Filed(Month/Day/Year) 8. Amount of Securities (Month/Day/Year) 8. 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Reporting Owners

Ī		Relationships						
	Reporting Owner Name / Address		10% Owner	Officer	Other			
	Strulson Richard 2500 W EXECUTIVE PARKWAY #100 LEHI, UT 84043			EVP/Gen. Counsel/CCO				

Signatures

Stephen M. Bunker as attorney-in-fact for Richard D. Strulson	03/04/2015
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of NATR common stock withheld to pay taxes upon vesting of restricted stock units originally granted to the Reporting Person on February 11, 2014. The number of shares withheld was determined on March 2, 2015, based on the closing price of NATR common stock on that date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.