## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	DVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	s)										
Name and Address of Bunker Stephen M	2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [NATR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
75 EAST 1700 SOU	(First) JTH		3. Date of Earliest Transaction (Month/Day/Year) 11/06/2009					X_ Officer (give title below) Other (specify below)  EVP, CFO, Treasurer			
PROVO, UT 84606	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year) 11/10/2009					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year	Execution Date, if	(Instr. 8)	ction	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		f(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Beneficial
				Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Reminder: Report on a s	eparate line for each cla	ass of securities bene	eficially owned direct	ly or indire	ectly.						
					this		not requ	ired to	e collection of information contained o respond unless the form displays a number.		1474 (9-02)
		Table II	- Derivative Securit	-		•		•	Owned		

Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any	ecution Date, if Transaction of Derivative Date			r)	7. Title and of Underlyin Securities (Instr. 3 and	ng		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial		
				Code	V	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Employee Stock Option (right to buy)	\$ 5.35	11/06/2009(1)		A		15,000		09/01/2012 <sup>(2)</sup>	09/24/2019 <sup>(3)</sup>	Common Stock	15,000	\$ 0	15,000	D	

#### **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Bunker Stephen M 75 EAST 1700 SOUTH PROVO, UT 84606			EVP, CFO, Treasurer					

#### **Signatures**

/s/ Stephen M. Bunker	11/12/2009
Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option grant was approved by Nature's Sunshine's board of directors on September 24, 2009, subject to shareholder approval of the stock option plan under which the option was granted. Nature's Sunshine's shareholders approved the plan on November 6, 2009.
- (2) The options vest on September 1, 2012.
- (3) On November 10, 2009, the reporting person filed a Form 4 that showed an incorrect expiration date. The correct date is 09/24/2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.	