

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Res | ponses) | | | | | | | |
|------------------------------------|--------------------|-----------------------|--|---|---|--|--|--|
| 1. Name and Adda Bunker Steph | | g Person [*] | 2. Date of Event Requiring Statement (Month/Day/Year) 03/27/2006 | | 3. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [NATRE] | | | |
| (Last) 75 EAST 1700 | (First)) SOUTH | (Middle) | 03/27/2000 | | Issuer | | n(s) to | 5. If Amendment, Date Original Filed(Month/Day/Year) |
| (Street) PROVO, UT 84606 | | | | | (Check all applicable) Director 10% Owner X_Officer (give title Other (specify below) CFO, VP of Finance and Treas. | | cify | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Beneficially Owned | | | | | |
| 1. Title of Security (Instr. 4) | | | | 2. Amount of Securities Beneficially Owned (Instr. 4) | | 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) | 4. Nature of Indirect Beneficial Ownership (Instr. 5) | |
| Common Stock | | | | 17 | | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security | | 2. Date Exercisable | | 3. Title and Amount of | | 4. Conversion | 5. Ownership | 6. Nature of Indirect Beneficial |
|---------------------------------|------------|---------------------|------------------|----------------------------------|---------------------|---------------|------------------|----------------------------------|
| | (Instr. 4) | and Expiration Date | | Securities Underlying Derivative | | or Exercise | Form of | Ownership |
| | (M | | (Month/Day/Year) | | rity | Price of | Derivative | (Instr. 5) |
| | | | | (Instr. 4) | | Derivative | Security: Direct | |
| | | Date | Expiration | | | Security | (D) or Indirect | |
| | | Exercisable | r ···· | Title | Amount or Number of | | (I) | |
| | | Exciteisable | Dure Dure | | Shares | | (Instr. 5) | |

Reporting Owners

| Reporting Owner Name / | Relationships | | | | | | |
|---|---------------|--------------|-------------------------------|-------|--|--|--|
| Address | Director | 10% Owner | Officer | Other | | | |
| Bunker Stephen M 75 EAST 1700 SOUTH PROVO, UT 84606 | | | CFO, VP of Finance and Treas. | | | | |

Signatures

| /s/ Stephen M. Bunker | 03/28/2006 | | |
|---------------------------------|------------|--|--|
| **Signature of Reporting Person | Date | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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