### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)											
1. Name and Address of Reporting Person* WYNNEFIELD PARTNERS SMALL CAP VALUE LP				2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [NATR]						Direct	nship of Reporting (Check all a or (give title below)		er
(Last) (First) (Middle) 450 SEVENTH AVENUE, SUITE 509				3. Date of Earliest Transaction (Month/Day/Year) 11/17/2015									
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					)	6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person  X Form filed by More than One Reporting Person				
(City	ORK, NY	(State)	(Zip)	Te	blo I N	Jon De	rivativa (	Socuritio	s A con	irod Dien	asad of ar Ranafia	ially Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)		n 4. Securities Acquir (A) or Disposed of ( (Instr. 3, 4 and 5)		quired of (D)			6.	7. Nature of Indirect Beneficial Ownership
					Code	v V	Amoun	(A) or (D)	Price			or Indire (I) (Instr. 4	)
Common	Stock		11/17/2015		P		10,359	A	\$ 11	646,925	5	D (1) (4	4)
Common	Stock		11/17/2015		P		16,759	A	\$ 11	974,936	974,936		See footnote (2)
Common	Stock		11/17/2015		P		2,882	A	\$ 11	408,838	3	I	See footnote (3)
Common	Stock		11/18/2015		P		3,020	A	\$ 10.88	649,945	5	D (1) (4	4)
Common	Stock		11/18/2015		P		4,886	A	\$ 10.88	979,822	2	I	See footnote (2)
Common	Stock		11/18/2015		P		839	A	\$ 10.88	409,677	7	I	See footnote (3)
Reminder:	Report on a s	separate line fo	or each class of secur	rities beneficially ov	wned dir	Per	sons wh	o respo	rm are	not requ	ction of informat uired to respond OMB control nu	unless	EC 1474 (9-02)
				Derivative Securit						lly Owned			
Security	2. Conversion or Exercise Price of Derivative Security	3. Transactio Date (Month/Day/	n 3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)	5. 6. D Number and		Date Exer Expiration	rate Exercisable Expiration Date onth/Day/Year)		itle and ount of lerlying urities tr. 3 and	8. Price of Derivative Security (Instr. 5)  Beneficia Owned Following Reported Transactic (Instr. 4)	ative Own Form ities Deri deving Or In action(s)	vative ownershi (Instr. 4) ct (D) direct
				Code V	(A) (I			Expiration Date	On Title	Amount or Number of Shares			

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
WYNNEFIELD PARTNERS SMALL CAP VALUE LP 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
WYNNEFIELD PARTNERS SMALL CAP VALUE LP I 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
WYNNEFIELD SMALL CAP VALUE OFFSHORE FUND LTD 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
Wynnefield Capital, Inc. Profit Sharing Plan 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
WYNNEFIELD CAPITAL MANAGEMENT LLC 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
WYNNEFIELD CAPITAL INC 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
OBUS NELSON 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			
LANDES JOSHUA 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123		X			

## Signatures

WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P., By: Wynnefield Capital Management, LLC, General Partner, /s/ Nelson Obus, Managing Member				
**Signature of Reporting Person				
WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P. I, By: Wynnefield Capital Management, LLC, General Partner, /s/ Nelson Obus, Managing Member				
**Signature of Reporting Person	Date			
WYNNEFIELD SMALL CAP VALUE OFFSHORE FUND, LTD., By: Wynnefield Capital, Inc., /s/ Nelson Obus, President				
***Signature of Reporting Person	Date			
WYNNEFIELD CAPITAL, INC. PROFIT SHARING PLAN, /s/ Nelson Obus, Authorized Signatory	11/19/2015			
**Signature of Reporting Person				
WYNNEFIELD CAPITAL MANAGEMENT, LLC, /s/ Nelson Obus, Managing Member  **Signature of Reporting Person				

**Signature of Reporting Person	Date
/s/ Nelson Obus, Individually	11/19/2015
**Signature of Reporting Person	Date
/s/ Joshua Landes, Individually	11/19/2015
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Form jointly with the Reporting person (see footnote 5).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Wynnefield Partners Small Cap Value, L.P. (the "Reporting Person") directly beneficially owns 649,945 shares of common stock, no par value per share ("Common Stock") of Nature's Sunshine Products, Inc. Wynnefield Capital Management, LLC ("WCM"), as the sole general partner of the Reporting Person, has an indirect beneficial ownership interest in the shares of Common Stock that the reporting Person directly beneficially owns. WCM, located at the same address as the Reporting Person, is filing this Form jointly with the Reporting Person. Nelson Obus and Joshua Landes as co-managing members of WCM have an indirect beneficial ownership interest in the shares of Common Stock that the Reporting Person directly beneficially owns. Mr. Obus and Mr. Landes, each located at the same address as the Reporting Person, are filing this
  - The Reporting Person has an indirect beneficial ownership interest in 979,822 shares of Common Stock, which are directly beneficially owned by Wynnefield Partners Small Cap Value, L.P. I ("WPSCVI"), as members of a group (a "13D Group") under Section 13(d) of the Securities Exchange Act of 1934, as amended (the "Exchange Act").
- (2) WPSCVI, which maintains offices at the same address as the Reporting Person, is filing this Form jointly with the Reporting Person. WCM, as the sole general partner of WPSCVI, has an indirect beneficial ownership interest in the shares of Common Stock that WPSCVI directly beneficially owns. Mr. Obus and Mr. Landes, as co-managing members of Wynnefield Capital Management, LLC, have an indirect beneficial ownership interest in the shares of Common Stock that WPSCVI directly beneficially owns.
  - The Reporting Person has an indirect beneficial ownership interest in 409,677 shares of Common Stock, which are directly beneficially owned by Wynnefield Small Cap Value Offshore Fund, Ltd. ("Offshore"), as members of a 13D Group. Offshore, located at the same address as the Reporting Person, is filing this Form jointly with the
- (3) Reporting Person. Wynnefield Capital, Inc. ("WCI"), as the sole investment manager of Offshore, has an indirect beneficial ownership interest in the shares of Common Stock that Offshore directly beneficially owns. WCI, located at the same address as the Reporting Person, is filing this Form jointly with the Reporting Person. Mr. Obus and Mr. Landes, as principal executive officers of WCI have an indirect beneficial ownership interest in the shares of Common Stock that Offshore directly beneficially owns.
  - The Reporting Person has an indirect beneficial ownership interest in 45,311 shares of Common Stock, which are directly beneficially owned by Wynnefield Capital, Inc. Profit Sharing Plan (the "Plan"), as members of a 13D Group. The Plan, located at the same address as the Reporting Person, is filing this Form jointly with the Reporting
- (4) Person. WCI, as the sole investment manager of the Plan, has an indirect beneficial ownership interest in the shares of Common Stock that the Plan directly beneficially owns. WCI, located at the same address as the Reporting Person, is filing this Form jointly with the Reporting Person. Mr. Obus and Mr. Landes, as principal executive officers of WCI have an indirect beneficial ownership interest in the shares of Common Stock that the Plan beneficially owns.
- Mr. Obus and Mr. Landes disclaim beneficial ownership of the securities described in this statement, except to the extent of their individual pecuniary interest in such (5) securities. The filing of this statement shall not be deemed an admission that Mr. Obus and Mr. Landes are, for purposes of Section 16 of the Exchange Act or otherwise, the beneficial owner of any securities specified in this statement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.