

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB Number:	3235-0104
Estimated average burden hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * <u>PRESCOTT GROUP CAPITAL MANAGEMENT, L.L.C.</u> (Last) (First) (Middle) <u>1924 S UTICA AVE</u> <u>SUITE 1120</u> (Street) <u>TULSA</u> <u>OK</u> <u>74104</u> (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) <u>07/31/2025</u>	3. Issuer Name and Ticker or Trading Symbol <u>NATURES SUNSHINE PRODUCTS INC [NATR]</u>	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director <input checked="" type="checkbox"/> 10% Owner Officer (give title below) Other (specify below)	5. If Amendment, Date of Original Filed (Month/Day/Year)
			6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
<u>Common Stock, no par value</u>	<u>1,783,097⁽¹⁾</u>	<u>I</u>	<u>See Footnote⁽²⁾</u>

Table II - Derivative Securities Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

1. Name and Address of Reporting Person * <u>PRESCOTT GROUP CAPITAL MANAGEMENT, L.L.C.</u> (Last) (First) (Middle) <u>1924 S UTICA AVE</u> <u>SUITE 1120</u> (Street) <u>TULSA</u> <u>OK</u> <u>74104</u> (City) (State) (Zip)
1. Name and Address of Reporting Person * <u>PRESCOTT GROUP AGGRESSIVE SMALL CAP LP</u> (Last) (First) (Middle) <u>1924 S UTICA AVE, SUITE 1120</u> (Street) <u>TULSA</u> <u>OK</u> <u>74104</u> (City) (State) (Zip)

1. Name and Address of Reporting Person *

PRESCOTT GROUP AGGRESSIVE SMALL CAP II LP

(Last)

(First)

(Middle)

1924 S UTICA AVE, SUITE 1120

(Street)

TULSA

OK

74104

(City)

(State)

(Zip)

1. Name and Address of Reporting Person *

PRESCOTT GROUP AGGRESSIVE SMALL CAP MASTER FUND GP

(Last)

(First)

(Middle)

1924 S UTICA AVE, SUITE 1120

(Street)

TULSA

OK

74104

(City)

(State)

(Zip)

1. Name and Address of Reporting Person *

FROHLICH PHIL

(Last)

(First)

(Middle)

1924 S UTICA AVE, SUITE 1120

(Street)

TULSA

OK

74104

(City)

(State)

(Zip)

Explanation of Responses:

1. The filing of this Form 3 shall not be construed as an admission that Prescott Group Capital Management, L.L.C. ("Prescott Capital") or Phil Frohlich, the managing member of Prescott Capital, is or was for the purposes of Section 16(a) of the Securities Exchange Act of 1934, as amended, or otherwise the beneficial owner of any of the Common Stock, no par value (the "Common Stock"), of Nature's Sunshine Products, Inc. (the "Issuer") held by Prescott Group Aggressive Small Cap Master Fund, G.P. (the "Master Fund") for the accounts of Prescott Group Aggressive Small Cap, L.P. and Prescott Group Aggressive Small Cap II, L.P. (together, the "Small Cap Funds"). Pursuant to Rule 16a-1, both Prescott Capital and Mr. Frohlich disclaim such beneficial ownership.
2. This Form 3 relates to shares of Common Stock of the Issuer held in the account of the Master Fund, of which the Small Cap Funds are general partners. Prescott Capital serves as the general partner and investment manager of the Small Cap Funds and may direct the Small Cap Funds. The Master Fund holds the shares of Common Stock for the accounts of the Small Cap Funds. Prescott Capital receives a portion of the profits in the way of a capital allocation from, and owns a partnership interest in, the Small Cap Funds. Phil Frohlich reports the Common Stock held indirectly by Prescott Capital because, as the managing member of Prescott Capital at the time of purchase, he controlled the disposition and voting of the securities.

PRESCOTT GROUP CAPITAL MANAGEMENT, L.L.C., Name: /s/ Phil Frohlich, Title: Managing Member

08/11/2025

PRESCOTT GROUP AGGRESSIVE SMALL CAP, L.P., By: Prescott Group Capital Management, L.L.C., its general partner, Name: /s/ Phil Frohlich, Title: Managing Member

08/11/2025

PRESCOTT GROUP AGGRESSIVE SMALL CAP II, L.P., By: Prescott Group Capital Management, L.L.C., its general partner, Name: /s/ Phil Frohlich, Title: Managing Member

08/11/2025

PRESCOTT GROUP AGGRESSIVE SMALL CAP MASTER FUND, G.P., By: Prescott Group Aggressive Small Cap, L.P., GP, By: Prescott Group Aggressive Small Cap II, L.P., GP, By: Prescott Group Capital Management, L.L.C., GP, Name: /s/ Phil Frohlich, Title: MM

08/11/2025

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

**** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).**

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.