UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person * Roberts David Wynne				2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [natr]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) CEO, Synergy WorldWide					
(Last) (First) (Middle) 2500 WEST EXECUTIVE DRIVE, SUITE 100				3. Date of Earliest Transaction (Month/Day/Year) 01/15/2015									CEO,	Synergy Wor	ldWide		
(Street) LEHI, UT 84043				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City)	(State)	(Zip)		Т	able I	- Non	-Deri	ivative :	Securitie	s Acq	quire	ed, Dispo	osed of, or I	Beneficially (Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date,	f Coo	Code (Instr. 8)		(A) or	Securities Acqui) or Disposed of str. 3, 4 and 5)		f(D) Benefici		unt of Securities ially Owned Following d Transaction(s) and 4)		6. Ownership Form: Direct (D)	Beneficial Ownership
						C	Code	V	Amou	nt (A)	Pric	ce				or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock			01/15/2015				A 15,000 A \$ 0 27,823			D							
Common Stock			01/15/2015				A 5,000 A		A	\$ 0) 3	32,823			D		
Reminder:	Report on a s	separate line for	each class of secur				-	Personta conta the fo	ons wh ained i orm dis	no respo n this fo splays a	orm a	are r rent	not requ ly valid		ormation spond unlestrol number	ss	1474 (9-02)
1			(0	e.g., puts,							uritie	es)		i		•	
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	Execution Dat	Code	if Transaction Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersl Form of Derivati Security Direct (I or Indire	Ownersh (Instr. 4)
				Code	e V	(A)	(D)	Date Exerc		Expiration Date	on Ti	itle	Amount or Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Roberts David Wynne 2500 WEST EXECUTIVE DRIVE SUITE 100 LEHI, UT 84043			CEO, Synergy WorldWide					

Signatures

Stephen M. Bunker as attorney-in-fact for David Wynne Roberts

01/16/2015

Date
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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued pursuant to a special incentive grant in the form of restricted stock units; each restricted stock unit represents the right to receive one share of NATR common stock. These shares will vest in three equal annual installments beginning on January 15, 2016.
- (2) Shares issued pursuant to a long-term incentive grant in the form of restricted stock units; each restricted stock unit represents the right to receive one share of NATR common stock. These shares will vest in three equal annual installments beginning on January 15, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.