UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 1)*

Natures Sunshine Products, Inc. (Name of Issuer)

Common Stock (no par value) (Title of Class of Securities)

> 639027101 (CUSIP Number)

April 11, 2003 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule 13G is filed:

|X| Rule 13d-1(b) |_| Rule 13d-1(c) |_| Rule 13d-1(d)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP NO: 639027101

1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY)										
	Palisade Capital Management, L.L.C. 22-3330049										
 2.	CHECK THE										
	N/A	(a) (b)	_ _								
3.	SEC USE O										
 4.	CITIZENSH	IP OF	PLACE OF ORGANIZATION								
	New Jerse	-									
 NU			SOLE VOTING POWER								
ŝ	SHARES		0								
BENEFICIALLY		6.	SHARED VOTING POWER								
OWNED BY EACH			N/A								
		7.	SOLE DISPOSITIVE POWER								
REPORTING			0								
PERSON		8.	SHARED DISPOSITIVE POWER								
	WITH		N/A								
 9.	AGGREGATE	AMOU	INT BENEFICIALLY OWNED BY EACH REPORTING PERSON	1							
	0										
 10.	CHECK BOX	 IF 1	THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTA:								

N/A |_|
11. PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)
0%
12. TYPE OF REPORTING PERSON*
IA
*SEE INSTRUCTIONS BEFORE FILLING OUT!

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Item 1.

(a) Name Of Issuer: Natures Sunshine Products, Inc.

(b) Address of Issuer's Principal Executive Offices: 75 E. 1700 South, Provo, UT 84606.

Item 2.

(a) Name of Person Filing: Palisade Capital Management, L.L.C.

(b) Address of Principal Business Office or, if none, Residence: One Bridge Plaza, Suite 695, Fort Lee, NJ 07024

(c) Citizenship: New Jersey

(d) Title of Class of Securities: Common Stock (no par value)

(e) CUSIP Number: 639027101

Item 3. If this statement is filed pursuant to ss.ss.240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

(a) |_| Broker or dealer registered under Section 15 of the Act (15 U.S.C. 780);

(b) | | Bank as defined in Section 3(a)(6) of the Act (15 U.S.C. 78c);

(c) $|_|$ Insurance company as defined in Section 3(a)(19) of the Act (15 U.S.C. 78c);

(d) |_| Investment company registered under Section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);

(e) |X| An investment adviser in accordance with ss.240.13d-1(b)(1)(ii)(E);

(f) |_| An employee benefit plan or endowment fund in accordance with ss.240.13d- 1(b)(1)(ii)(F);

(g) |_| A parent holding company or control person in accordance with ss.240.13d- 1(b)(1)(ii)(G);

(h) |_| A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);

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(i) |_| A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);

(j) |_| Group, in accordance with ss.240.13d-1(b)(1)(ii)(J).

Item 4. Ownership.

(a) Amount beneficially owned: 0

(b) Percent of Class: 0%

(c) Number of shares as to which the person has:

(i)	Sole pow	ver to	vote or	to	direct	the	vote	0	
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(ii) Shared power to vote or to direct the vote N/A

0

(iii) Sole power to dispose or to direct the disposition of

(iv) Shared power to dispose or to direct the disposition of N/A

Item 5. Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof, the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following $|\rm X|$.

Item 6. Ownership of More Than Five Percent on Behalf of Another Person.

N/A

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company.

N/A

Item 8. Identification and Classification of Members of the Group.

N/A

Item 9. Notice of Dissolution of Group.

N/A

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Item 10. Certification.

By signing below, I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of such securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

May 8, 2003 Date

/s/ Steven E. Berman Steven E. Berman, Member

Attention: Intentional misstatements or omissions of fact constitute Federal criminal violations (See 18 U.S.C. 1001)

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