

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934

(Amendment No. **5**)

NATURES SUNSHINE PRODUCTS INC

(Name of Issuer)

Common Stock, no par value per share

(Title of Class of Securities)

639027101

(CUSIP Number)

08/06/2026

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

☒ Rule 13d-1(b)

☒ Rule 13d-1(c)

☐ Rule 13d-1(d)

SCHEDULE 13G

CUSIP 639027101
Number(s):

1	Names of Reporting Persons PRESCOTT GROUP CAPITAL MANAGEMENT, L.L.C.
2	Check the appropriate box if a member of a Group (see instructions) ☐ (a) ☐ (b)
3	Sec Use Only
4	Citizenship or Place of Organization OKLAHOMA

Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power 1,924,486.00
	6	Shared Voting Power 0.00
	7	Sole Dispositive Power 1,924,486.00
	8	Shared Dispositive Power 0.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person 1,924,486.00	
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) ☐	
11	Percent of class represented by amount in row (9) 10.9 %	
12	Type of Reporting Person (See Instructions) IA	

SCHEDULE 13G

CUSIP 639027101
Number(s):

1	Names of Reporting Persons PRESCOTT GROUP AGGRESSIVE SMALL CAP LP	
2	Check the appropriate box if a member of a Group (see instructions) ☐ (a) ☐ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization OKLAHOMA	
Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power 0.00
	6	Shared Voting Power 1,922,918.00
	7	Sole Dispositive Power 0.00
	8	Shared Dispositive Power 1,922,918.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person 1,922,918.00	

10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) ☐
11	Percent of class represented by amount in row (9) 10.9 %
12	Type of Reporting Person (See Instructions) PN

SCHEDULE 13G

CUSIP 639027101 Number(s):

1	Names of Reporting Persons PRESCOTT GROUP AGGRESSIVE SMALL CAP II LP	
2	Check the appropriate box if a member of a Group (see instructions) ☐ (a) ☐ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization OKLAHOMA	
Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power 0.00
	6	Shared Voting Power 1,922,918.00
	7	Sole Dispositive Power 0.00
	8	Shared Dispositive Power 1,922,918.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person 1,922,918.00	
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) ☐	
11	Percent of class represented by amount in row (9) 10.9 %	
12	Type of Reporting Person (See Instructions) PN	

SCHEDULE 13G

CUSIP 639027101 Number(s):

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1	Names of Reporting Persons PRESCOTT GROUP AGGRESSIVE SMALL CAP MASTER FUND GP	
2	Check the appropriate box if a member of a Group (see instructions) ☐ (a) ☐ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization OKLAHOMA	
Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power 0.00
	6	Shared Voting Power 1,922,918.00
	7	Sole Dispositive Power 0.00
	8	Shared Dispositive Power 1,922,918.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person 1,922,918.00	
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) ☐	
11	Percent of class represented by amount in row (9) 10.9 %	
12	Type of Reporting Person (See Instructions) PN	

SCHEDULE 13G

CUSIP 639027101
Number(s):

1	Names of Reporting Persons FROHLICH PHIL	
2	Check the appropriate box if a member of a Group (see instructions) ☐ (a) ☐ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization UNITED STATES	

Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power 1,924,486.00
	6	Shared Voting Power 0.00
	7	Sole Dispositive Power 1,924,486.00
	8	Shared Dispositive Power 0.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person 1,924,486.00	
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) ☐	
11	Percent of class represented by amount in row (9) 10.9 %	
12	Type of Reporting Person (See Instructions) HC, IN	

SCHEDULE 13G

Item 1.

- (a) **Name of issuer:**
NATURES SUNSHINE PRODUCTS INC
- (b) **Address of issuer's principal executive offices:**
2901 WEST BLUEGRASS BLVD., SUITE 100, LEHI, UTAH, 84048.

Item 2.

- (a) **Name of person filing:**
Prescott Group Capital Management, L.L.C. ("Prescott Capital"), Prescott Group Aggressive Small Cap, L.P. ("Prescott Small Cap"), Prescott Group Aggressive Small Cap II, L.P. ("Prescott Small Cap II" and, together with Prescott Small Cap, the "Small Cap Funds"), Prescott Group Aggressive Small Cap Master Fund, G.P. ("Master Fund") and Mr. Phil Frohlich (collectively, the "Reporting Persons").
- (b) **Address or principal business office or, if none, residence:**
1924 South Utica, Suite 1120
Tulsa, Oklahoma 74104
- (c) **Citizenship:**
Prescott Capital is an Oklahoma limited liability company. The Small Cap Funds are Oklahoma limited partnerships. The Master Fund is an Oklahoma general partnership. Mr. Phil Frohlich is the principal of Prescott Capital and is a U.S. citizen.
- (d) **Title of class of securities:**
Common Stock, no par value per share
- (e) **CUSIP No.:**
639027101

Item 3. If this statement is filed pursuant to §§ 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

- (a) ☐ Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);
- (b) ☐ Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
- (c) ☐ Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);
- (d) ☐ Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);

- (e) ☒ An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);
- (f) ☐ An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);
- (g) ☒ A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);
- (h) ☐ A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) ☐ A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
- (j) ☐ A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J). If filing as a non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J), please specify the type of institution:
- (k) ☐ Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K).

Item 4. Ownership

(a) Amount beneficially owned:

Each of the Small Cap Funds and the Master Fund is the beneficial owner of 1,922,918 shares of Common Stock, no par value per share ("Common Stock") of Nature's Sunshine Products, Inc. (the "Issuer") as of the date hereof. Each of Prescott Capital and Mr. Frohlich is the beneficial owner of 1,924,486 shares of Common Stock of the Issuer as of the date hereof.

This Amendment relates to shares of Common Stock of the Issuer held in the account of the (i) Master Fund, of which the Small Cap Funds are general partners, and (ii) a partnership of which Prescott Capital serves as the general partner (the "Account").

Prescott Capital serves as the general partner and investment manager of the Small Cap Funds and may direct the Small Cap Funds, the general partners of the Master Fund, to direct the vote and disposition of the 1,922,918 shares of Common Stock held by the Master Fund as of the date hereof. As the general partner of the Account, Prescott Capital may direct the vote and disposition of the 1,568 shares of Common Stock held by the Account as of the date hereof. As the principal of Prescott Capital, Mr. Frohlich may direct the vote and disposition of the 1,922,918 shares of Common Stock held by the Master Fund as of the date hereof and the 1,568 shares of Common Stock held by the Account as of the date hereof.

(b) Percent of class:

Each of the Reporting Persons is the beneficial owner of approximately 10.9% of the outstanding shares of Common Stock of the Issuer as of the date hereof. This percentage is determined by dividing 1,922,918 and 1,924,486, respectively, by 17,595,520, the number of shares of Common Stock outstanding as of July 24, 2026, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Commission on August 6, 2026.

(c) Number of shares as to which the person has:

(i) Sole power to vote or to direct the vote:

The information required by Item 4(c)(i) is set forth in Row 5 of the cover page for each of the Reporting Persons and is incorporated herein by reference.

(ii) Shared power to vote or to direct the vote:

The information required by Item 4(c)(ii) is set forth in Row 6 of the cover page for each of the Reporting Persons and is incorporated herein by reference.

(iii) Sole power to dispose or to direct the disposition of:

The information required by Item 4(c)(iii) is set forth in Row 7 of the cover page for each of the Reporting Persons and is incorporated herein by reference.

(iv) Shared power to dispose or to direct the disposition of:

The information required by Item 4(c)(iv) is set forth in Row 8 of the cover page for each of the Reporting Persons and is incorporated herein by reference.

Item 5. Ownership of 5 Percent or Less of a Class.

Not Applicable

Item 6. Ownership of more than 5 Percent on Behalf of Another Person.

Not Applicable

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

Not Applicable

Item 8. Identification and Classification of Members of the Group.

Not Applicable

Item 9. Notice of Dissolution of Group.

Not Applicable

Item 10. Certifications:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

**PRESCOTT GROUP CAPITAL
MANAGEMENT, L.L.C.**

Signature: /s/ Phil Frohlich
Name/Title: Phil Frohlich, Managing Member
Date: 08/10/2026

**PRESCOTT GROUP AGGRESSIVE SMALL
CAP LP**

Signature: /s/ Phil Frohlich
Name/Title: Phil Frohlich, Managing Member of Prescott Group
Capital Management, L.L.C., its general partner
Date: 08/10/2026

**PRESCOTT GROUP AGGRESSIVE SMALL
CAP II LP**

Signature: /s/ Phil Frohlich
Name/Title: Phil Frohlich, Managing Member of Prescott Group
Capital Management, L.L.C., its general partner
Date: 08/10/2026

**PRESCOTT GROUP AGGRESSIVE SMALL
CAP MASTER FUND GP**

Signature: /s/ Phil Frohlich
Name/Title: See Comments
Date: 08/10/2026

FROHLICH PHIL

Signature: /s/ Phil Frohlich
Name/Title: Phil Frohlich, Self
Date: 08/10/2026

Comments accompanying signature: Phil Frohlich, Managing Member of Prescott Group Capital Management, L.L.C., the general partner of Prescott Group Aggressive Small Cap II, L.P., and the general partner of Prescott Group Aggressive Small Cap, L.P.

A Joint Filing Agreement is incorporated herein by reference to Exhibit 99 to the Schedule 13G filed on November 10, 2020 by the Reporting Persons with the SEC (https://www.sec.gov/Archives/edgar/data/275053/000131586320000918/sc_13g_natures.htm).