FORM 4

(Print or Ture

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [*] - WYNNEFIELD PARTNERS SMALL CAP VALUE LP | 2. Issuer Name and Ticker or Trading Symbol NATURES SUNSHINE PRODUCTS INC [NATR] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X. 10% Owner | | | | |
|--|--|----------------------------------|------------------|-----------------------------------|---|---|--|---------|---|----------------------------------|--|
| (Last) (First) (Middl 450 SEVENTH AVENUE, SUITE 509 | 3. Date of Earliest Transaction (Month/Day/Year) 05/24/2018 | | | | | | Officer (give title below) Other (specify below |) | | | |
| (Street) NEW YORK, NY 10123 | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) (Zip | (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | |
| 1.Title of Security (Instr. 3) | 2. Transact (Month/Day | /Year) Execution Date, if any | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | |) or | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | 7. Nature of Indirect Beneficial |
| | | | (Month/Day/Year) | Code | v | Amount | (A) or (D) | Price | | or Indirect (I) (Instr. 4) | Ownership (Instr. 4) |
| Common Stock, no par value per share | 05/24/20 | 18 | | Р | | 96 | A | \$ 8.95 | 685,141 | D (1) | |
| Common Stock, no par value per share | 05/24/20 | 18 | | Р | | 204 | А | \$ 8.95 | 1,510,083 | I | See Footnotes (2) (3) (4) |
| Common Stock, no par value per share | 05/25/20 | 18 | | Р | | 97 | А | \$ 8.95 | 685,238 | D (1) | |
| Common Stock, no par value per share | 05/25/20 | 18 | | Р | | 206 | А | \$ 8.95 | 1,510,289 | Ι | See Footnotes (2) (3) (4) |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

Γ

| (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | |
|--|-------------------|---------------------|--------------------|------------------|------|----------------------------|----------|-----------------|------------|------------|----------------------------|-------------|----------------|-------------|-------------|
| 1. Title of Derivative Security | 2. Conversion or | 3. Transaction Date | 3A. Deemed | 4. Transaction C | Code | 5. Number of De | rivative | 6. Date Exerc | isable and | 7. Title | and Amount of Underlying | 8. Price of | 9. Number of | 10. | 11. Nature |
| (Instr. 3) | Exercise Price of | (Month/Day/Year) | Execution Date, if | (Instr. 8) | | Securities Acquired (A) or | | Expiration Date | | Securities | | Derivative | Derivative | Ownership | of Indirect |
| | Derivative | | any | | | Disposed of (D) | | (Month/Day/ | Year) | (Instr. 3 | and 4) | Security | Securities | Form of | Beneficial |
| | Security | | (Month/Day/Year) | | | (Instr. 3, 4, and 5 |) | | | | | (Instr. 5) | Beneficially | Derivative | Ownership |
| | | | | | 1 | | | | | | | | Owned | Security: | (Instr. 4) |
| | | | | | | | | _ | | | | | Following | Direct (D) | |
| | | | | | | | | Date | Expiration | Title | Amount or Number of Shares | | Reported | or Indirect | |
| | | | | | | | | Exercisable | Date | | | | Transaction(s) | (I) | |
| | | | | Code | V | (A) | (D) | | | | | | (Instr. 4) | (Instr. 4) | |

Reporting Owners

| | Relationships | | | | | |
|---|---------------|--------------|---------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| WYNNEFIELD PARTNERS SMALL CAP VALUE LP 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| WYNNEFIELD PARTNERS SMALL CAP VALUE LP I 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| WYNNEFIELD SMALL CAP VALUE OFFSHORE FUND LTD 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| WYNNEFIELD CAPITAL MANAGEMENT LLC 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| WYNNEFIELD CAPITAL INC 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| Wynnefield Capital, Inc. Profit Sharing Plan 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| OBUS NELSON 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |
| LANDES JOSHUA 450 SEVENTH AVENUE SUITE 509 NEW YORK, NY 10123 | | х | | | | |

Signatures

| WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P., By: Wynnefield Capital Management, LLC, General Partner, By: /s/ Nelson Obus, Managing Member | | | | | |
|--|---|------------|--|--|--|
| | | | | | |
| | | | | | |
| WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P. I, By: Wynnefield Capital Management, LLC, General Partner, By: /s/ Nelson Obus, Managing Member | | 05/29/2018 | | | |
| ^{±*} Signature of Reporting Person | | | | | |
| | | | | | |
| WYNNEFIELD SMALL CAP VALUE OFFSHORE FUND, LTD., By: Wynnefield Capital, Inc., By: /s/ Nelson Obus, President | | | | | |
| Signature of Reporting Person | | | | | |
| | | | | | |
| WYNNEFIELD CAPITAL, INC. PROFIT SHARING PLAN, By: /s/ Nelson Obus, Co-Trustee | | 05/29/2018 | | | |
| | | Date | | | |
| | | | | | |
| WYNNEFIELD CAPITAL MANAGEMENT, LLC, By: /s/ Nelson Obus, Managing Member | | 05/29/2018 | | | |
| | 4 | | | | |

| Signature of Reporting Person | Date |
|--|------------|
| WYNNEFIELD CAPITAL, INC., By: /s/ Nelson Obus, President | 05/29/2018 |
| | Date |
| /s/ Nelson Obus, individually | 05/29/2018 |
| | Date |
| /s/ Joshua Landes, individually | 05/29/2018 |
| | Date |

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The Reporting Person directly beneficially owns 685,238 shares of common stock, no par value per share ("Common Stock") of Natures Sunshine Products Inc. (the "Issuer"). Wynnefield Capital Management, LLC, as the sole general partner of the Reporting Person, has an indirect beneficially owns 685,238 shares of common stock,") of Natures Sunshine Products Inc. (the "Issuer").

(2) The Reporting Person has an indirect beneficial ownership interest in 1,034,330 shares of Common Stock, which are directly beneficially owned by Wynnefield Partners Small Cap Value, L.P. I, as members of a group under Section 13(d) of the Securities Exchange Act of 1934, as amen interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially owns. Nelson Obus and Joshua Landes, as co-managing members of Wynnefield Capital Management, LLC, have an indirect beneficial ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially owns. Nelson Obus and Joshua Landes, as co-managing members of Wynnefield Capital Management, LLC, have an indirect beneficial ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially owns. Nelson Obus and Joshua Landes, as co-managing members of Wynnefield Capital Management, LLC, have an indirect beneficial ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially owns. Nelson Obus and Joshua Landes, as co-managing members of Wynnefield Capital Management, LLC, have an indirect beneficial ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners Small Cap Value L.P. I directly beneficially ownership interest in the shares of Common Stock that Wynnefield Partners

(3) The Reporting Person has an indirect beneficial ownership interest in 430,648 shares of Common Stock, which are directly beneficially owned by Wynnefield Small Cap Value Offshore Fund, Ltd., as members of a group under Section 13(d) of the Exchange Act. Wynnefield Small Cap Wynnefield Small Cap Value Offshore Fund, Ltd. directly beneficially owns. Nelson Obus and Joshua Landes, as principal executive officers of Wynnefield Capital, Inc., have an indirect beneficial ownership interest in the shares of Common Stock that Wynnefield Small Cap Value Offshore Fund, Ltd.

(4) The Reporting Person has an indirect beneficial ownership interest in 45,311 shares of Common Stock, which are directly beneficially owned by Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, as members of a group under Section 13(d) of the Exchange Act. Wynnefield Capital, Inc. Profit Sharing Plan, a

Remarks:

Each of the Reporting Owners identified in this statement disclaims beneficial ownership of the securities described in this statement, except to the extent of their individual respective pecuniary interest in such securities. The filing of this

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.