SECURITIES AND EXCHANGE COMMISSION Washington, D. C. 20549

SCHEDULE 13G/A

Under the Securities Exchange Act of 1934

(Amendment No. 11)

NATURE'S SUNSHINE PRODUCTS, INC.

(Name of Issuer)

Common Stock, No Par Value

(Title and Class of Securities)

639027101

(CUSIP Number)

<u>April 10, 2014</u> (Date of Event which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this schedule is filed:

☑ Rule 13d-1(b) ☐ Rule 13d-1(c) ☐ Rule 13d-1(d)

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	NAMES OF REPORTS	PERGONG			
1	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS				
	WYNNEFIELD PARTNEI	RS SMALL CA	AP VALUE, L.P.		
2	CHECK THE APPROPRIA	ATE BOX IF A	MEMBER OF A GROUP		
	(a) 🗆	0011			
	(b) ⊠ Reporting Person is	affiliated with o	other persons		
3	SEC USE ONLY				
	CITIZENGLID OD DI ACI	OF OR CANE	ZATYON		
4	CITIZENSHIP OR PLACE	E OF ORGANIA	ZATION		
	Delaware				
		5	SOLE VOTING POWER		
			515 COO CI		
N	UMBER OF		515,689 Shares		
	SHARES NEFICIALLY	6	SHARED VOTING POWER		
	OWNED BY				
, n	EACH EPORTING				
	PERSON	7	SOLE DISPOSITIVE POWER		
	WITH		515,689 Shares		
			SHARED DISPOSITIVE POWER		
			0		
9	9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
	515,689 Shares				
10	CHECK BOX IF THE AG	GREGATE AM	MOUNT IN ROW (9) EXCLUDES CERTAIN SHARES		
11	PERCENT OF CLASS RE	PRESENTED I	BY AMOUNT IN ROW (9)		
	3.19%				
12	TYPE OF REPORTING PERSON				
	PN				
	1 IV				

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	NAMES OF PEROPERIO	PERGONG				
1	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS					
	WYNNEFIELD PARTNEI	RS SMALL CA	AP VALUE, L.P. I			
2	CHECK THE APPROPRIA	ATE BOX IF A	MEMBER OF A GROUP			
	(a) []	0011 / 1 //1				
	(b) 🖾 Reporting Person is	(b) ⊠ Reporting Person is affiliated with other persons				
3	SEC USE ONLY					
4	CITIZENSHIP OR PLACE	C OF OR CANIE	ZATION			
4	CITIZENSHIP OR PLACE	E OF ORGANIZ	ZATION			
	Delaware					
		5	SOLE VOTING POWER			
			750 010 CI			
	UMBER OF		758,918 Shares			
	SHARES NEFICIALLY	6	SHARED VOTING POWER			
	WNED BY					
D.	EACH EPORTING					
	PERSON	7	SOLE DISPOSITIVE POWER			
	WITH		758,918 Shares			
			CHARLE DISPOSITENT POWER			
			SHARED DISPOSITIVE POWER			
			0			
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON					
	758,918 Shares					
10	CHECK BOX IF THE AG	GREGATE AM	MOUNT IN ROW (9) EXCLUDES CERTAIN SHARES			
11	PERCENT OF CLASS RE	PRESENTED I	BY AMOUNT IN ROW (9)			
	4.69%					
12	TYPE OF REPORTING PERSON					
	PN					
	•••					

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	T					
1	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS					
	S.S. OK I.R.S. IDENTIFICATION NOS, OF ADOVE FERSONS					
	WYNNEFIELD SMALL (CAP VALUE O	FFSHORE FUND, LTD.			
2	CHECK THE APPROPRIA	ATE BOX IF A	MEMBER OF A GROUP			
_	(a) 🗆					
	(b) ⊠ Reporting Person is	(b) ⊠ Reporting Person is affiliated with other persons				
3	SEC USE ONLY					
4	CITIZENSHIP OR PLACE	E OF ORGANIZ	ZATION			
	Cayman Islands					
		5	SOLE VOTING POWER			
		3				
N	IUMBER OF		329,894 Shares			
	SHARES	6	SHARED VOTING POWER			
	ENEFICIALLY DWNED BY					
	EACH		0			
R	REPORTING PERSON	7	SOLE DISPOSITIVE POWER			
	WITH		329,894 Shares			
			327,674 Shares			
			SHARED DISPOSITIVE POWER			
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON					
	329,894 Shares					
10	CHECK BOX IF THE AG	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES				
10		011201112111	1001/1 II/IIo II () Enegada en IIII (on IIII)			
1.1	DED CENT OF CLASS DE	DDECEMPENT	DV AMOUNT IN DOW (0)			
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)					
	2.04%					
12	TYPE OF REPORTING PERSON					
	СО					
<u> </u>						

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1	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS				
	WYNNEFIELD CAPITAL, INC. PROFIT SHARING PLAN				
2	(a) 🗆		A MEMBER OF A GROUP		
	(b) ⊠ Reporting Person is	affiliated with	other persons		
3	SEC USE ONLY				
4	CITIZENSHIP OR PLAC	E OF ORGAN	IZATION		
	Delaware				
		5	SOLE VOTING POWER		
	NUMBER OF		44,911 Shares		
	SHARES ENEFICIALLY	6	SHARED VOTING POWER		
	OWNED BY EACH		0		
	REPORTING PERSON WITH		SOLE DISPOSITIVE POWER		
			44,911 Shares		
			SHARED DISPOSITIVE POWER		
			0		
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
	44,911 Shares				
10	CHECK BOX IF THE AC	GREGATE A	MOUNT IN ROW (9) EXCLUDES CERTAIN SHARES		
	£				
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)				
	0.28%				
12	TYPE OF REPORTING PERSON				
	EP				

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	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS				
WYNNEFIELD CAPITAL	L MANAGEM	IENT, LLC			
2 CHECK THE APPROPRI (a) □ (b) ⊠ Reporting Person is		A MEMBER OF A GROUP other persons			
3 SEC USE ONLY					
4 CITIZENSHIP OR PLACE	E OF ORGAN	IZATION			
New York					
	5	SOLE VOTING POWER			
NUMBER OF		1,274,607 Shares (1)			
SHARES BENEFICIALLY	6	SHARED VOTING POWER			
OWNED BY EACH		0			
REPORTING PERSON	7	SOLE DISPOSITIVE POWER			
WITH		1,274,607 Shares (1)			
	8	SHARED DISPOSITIVE POWER			
		0			
9 AGGREGATE AMOUNT	9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON				
1,274,607 Shares (1)	1,274,607 Shares (1)				
10 CHECK BOX IF THE AG	GREGATE A	MOUNT IN ROW (9) EXCLUDES CERTAIN SHARES			
A DEPOSITION OF STAGE PR					
PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)					
7.88% (1)					
12 TYPE OF REPORTING P	TYPE OF REPORTING PERSON				
00	00				

⁽¹⁾ Wynnefield Capital Management, LLC holds an indirect beneficial interest in these shares which are directly beneficially owned by Wynnefield Partners Small Cap Value, L.P. and Wynnefield Partners Small Cap Value, L.P. I.

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1	NAMES OF REPORTING S.S. OR I.R.S. IDENTIFIC WYNNEFIELD CAPITAL	ATION NOS	. OF ABOVE PERSONS	
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (a) □ (b) ⊠ Reporting Person is affiliated with other persons			
3	3 SEC USE ONLY			
4	CITIZENSHIP OR PLACE OF ORGANIZATION Cayman Islands			
:	NUMBER OF SHARES BENEFICIALLY OWNED BY EACH		SOLE VOTING POWER 329,894 Shares (1) SHARED VOTING POWER 0	
REPORTING PERSON		7	SOLE DISPOSITIVE POWER	_

329,894 Shares (1)

AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES

SHARED DISPOSITIVE POWER

WITH

2.04% (1)

CO

TYPE OF REPORTING PERSON

10

11

12

329,894 Shares (1)

(1) Wynnefield Capital, Inc. holds an indirect beneficial interest in these shares which are directly beneficially owned by Wynnefield Small Cap Value Offshore Fund, Ltd.

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1	NAMES OF REPORTING PERSONS S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS					
S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS						
	NELSON OBUS	IELSON OBUS				
	CHECK THE ADDRODDIATE DOVER A MEMBER OF A CHOILE					
2	(a) \square	PRIATE BOX IF A MEMBER OF A GROUP				
	(b) ⊠ Reporting Person is	erson is affiliated with other persons				
3	SEC USE ONLY					
4 CITIZENSHIP OR PLACE OF ORGAN			IZATIONI			
4	CITIZENSHIF OK FLAC	ISHIP OR PLACE OF ORGANIZATION				
	Delaware					
		5	SOLE VOTING POWER			
N	IUMBER OF SHARES		1,649,412 Shares (1)			
BE	ENEFICIALLY	6	SHARED VOTING POWER			
	OWNED BY					
D	EACH REPORTING					
15	PERSON	7	SOLE DISPOSITIVE POWER			
	WITH		1,649,412 Shares (1)			
		8	SHARED DISPOSITIVE POWER			
		0	SHARED DISFOSITIVE FOWER			
			0			
9	AGGREGATE AMOUNT	T BENEFICIAI	LLY OWNED BY EACH REPORTING PERSON			
	1,649,412 Shares (1)					
10	CHECK BOX IF THE AC	GGREGATE A	MOUNT IN ROW (9) EXCLUDES CERTAIN SHARES			
11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)						
12	10.19% (1) 12 TYPE OF REPORTING PERSON					
12						
IN						

(1) Mr. Obus may be deemed to hold an indirect beneficial interest in these shares, which are directly beneficially owned by Wynnefield Partners Small Cap Value, L.P., Wynnefield Partners Small Cap Value, L.P. I, Wynnefield Small Cap Value Offshore Fund, and Wynnefield Capital, Inc. Profit Sharing Plan because he is a co-managing member of Wynnefield Capital Management, LLC, a principal executive officer of Wynnefield Capital, Inc. (the investment manager of Wynnefield Small Cap Value Offshore Fund), and the portfolio manager of Wynnefield Capital, Inc. Profit Sharing Plan. The filing of this Statement and any future amendment by Mr. Obus, and the inclusion of information herein and therein with respect to Mr. Obus, shall not be considered an admission that he, for the purpose of Section 16(b) of the Exchange Act, is the beneficial owner of any shares in which he does not have a pecuniary interest. Mr. Obus disclaims any beneficial ownership of the shares of Common Stock covered by this Statement.

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	1	NAMES OF REPORTING PERSONS				
		S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS				
		JOSHUA LANDES				

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2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP
(a) □

(b) ⊠ Reporting Person is affiliated with other persons

SEC USE ONLY

4 CITIZENSHIP OR PLACE OF ORGANIZATION

Delaware

CUSIP No. 639027101

3

NUMBER OF	5	SOLE VOTING POWER 1,604,501 Shares (1)
SHARES BENEFICIALLY OWNED BY EACH	6	SHARED VOTING POWER 0
REPORTING PERSON WITH	7	SOLE DISPOSITIVE POWER 1,604,501 Shares (1)
	8	SHARED DISPOSITIVE POWER 0
	BENEFICIAL	LY OWNED BY EACH REPORTING PERSON
1,604,501 Shares (1)		

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES

£

11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

9.92% (1)

12 TYPE OF REPORTING PERSON

IN

(1) Mr. Landes may be deemed to hold an indirect beneficial interest in these shares, which are directly beneficially owned by Wynnefield Partners Small Cap Value, L.P., Wynnefield Partners Small Cap Value, L.P. I and Wynnefield Small Cap Value Offshore Fund because he is a co-managing member of Wynnefield Capital Management, LLC and a principal executive officer of Wynnefield Capital, Inc. The filing of this Statement and any future amendment by Mr. Landes, and the inclusion of information herein and therein with respect to Mr. Landes, shall not be considered an admission that he, for the purpose of Section 16(b) of the Exchange Act, is the beneficial owner of any shares in which he does not have a pecuniary interest. Mr. Landes disclaims any beneficial ownership of the shares of Common Stock covered by this Statement.

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Item 1(a). Name of Issuer:

Nature's Sunshine Products, Inc.

Item 1(b). Address of Issuer's Principal Executive Offices:

2500 West Executive Parkway, Suite 100, Lehi, UT 84606

Item 2(a). Name of Person Filing:

Wynnefield Partners Small Cap Value, L.P. ("Partners")

Wynnefield Partners Small Cap Value, L.P. I ("Partners I")

Wynnefield Small Cap Value Offshore Fund, Ltd. ("Fund")

Wynnefield Capital, Inc. Profit Sharing Plan (the "Plan")

Wynnefield Capital Management, LLC ("WCM")

Wynnefield Capital, Inc. ("WCI")

Nelson Obus

Joshua Landes

Item 2(b). Address of Principal Business Office or, if None, Residence:

450 Seventh Avenue, Suite 509, New York, New York 10123

Item 2(c). Citizenship:

Partners and Partners I are Delaware limited partnerships.

Fund and WCI are Cayman Islands companies.

WCM is a New York limited liability company.

The Plan is a Delaware corporation.

Mr. Obus and Mr. Landes are United States citizens.

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Item 2(d). Title of Class of Securities:

Common Stock, No Par Value Per Share.

Item 2(e). CUSIP Number:

639027101

Item 3. If this statement is filed pursuant to Rule 13d-1(b), or 13d-2(b) or (c), check whether the person filing is a:

- (a) £ Broker or Dealer registered under Section 15 of the Act.
- (b) £ Bank as defined in Section 3(a)(6) of the Act.
- (c) £ Insurance Company as defined in Section 3(a)(19) of the Act.
- (d) £ Investment Company registered under Section 8 of the Investment Company Act.
- (e) R Investment Adviser registered in accordance with Rule 13d-1(b)(1)(ii)(E).
- (f) £ Employee Benefit Plan or Endowment Fund in accordance with Rule 13d-1(b)(1)(ii)(F).
- (g) £ Parent Holding Company or control person in accordance with Rule 13d-1(b)(1)(ii)(G).
- (h) £ A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act.
- (i) £ A church plan that is excluded from the definition of an investment company under Section 3(c) (14) of the Investment Company Act of 1940.
- (j) £ Group, in accordance with Rule 13d-1(b)(1)(ii)(J).

If this Statement is filed pursuant to Rule 13d-1(c), check this box [].

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Item 4. Ownership.

(a) Amount beneficially owned: 1,649,412 Shares

(b) Percent of Class: 10.19% of Common Stock

(c) Number of Shares as to which the person has:

(i) Sole power to vote or to direct the vote: 1,649,412 Shares

(ii) Shared power to vote or to direct the vote: 0 Shares

(iii) Sole power to dispose or to direct the disposition of: 1,649,412 Shares

(iv) Shared Power to dispose or to direct the disposition of: 0 Shares

Item 5. Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following. \Box .

Item 6 Ownership of More than Five Percent on Behalf of Another Person.

Not Applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company.

Not Applicable.

Item 8. Identification and Classification of Members of the Group.

See Item 2(a)-(c).

Item 9. Notice of Dissolution of Group.

Not Applicable.

Item 10. Certifications.

By signing below, I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

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Date: May 2, 2014

SIGNATURE

WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P.

By: Wynnefield Capital Management, LLC, General Partner

By: /s/ Nelson Obus

Nelson Obus, Managing Member

WYNNEFIELD PARTNERS SMALL CAP VALUE, L.P. I

By: Wynnefield Capital Management, LLC, General Partner

By: /s/ Nelson Obus

Nelson Obus, Managing Member

WYNNEFIELD SMALL CAP VALUE OFFSHORE FUND, LTD.

By: Wynnefield Capital, Inc.

By: /s/ Nelson Obus

Nelson Obus, President

WYNNEFIELD CAPITAL, INC. PROFIT SHARING PLAN

By: <u>/s/ Nelson Obus</u>

Nelson Obus, Portfolio Manager

WYNNEFIELD CAPITAL MANAGEMENT, LLC

By: /s/ Nelson Obus

Nelson Obus, Co-Managing Member

WYNNEFIELD CAPITAL, INC.

By: /s/ Nelson Obus

Nelson Obus, President

/s/ Nelson Obus

Nelson Obus, Individually

/s/ Joshua Landes

Joshua Landes, Individually