# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

### FORM 8-K

## CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 9, 2011

### NATURE'S SUNSHINE PRODUCTS, INC.

(Exact Name of Registrant as Specified in its Charter)

Utah0-870787-0327982(State or Other Jurisdiction of<br/>Incorporation)(Commission File Number)(I.R.S. Employer Identification No.)

**75 East 1700 South, Provo, Utah** (Address of Principal Executive Offices)

**84606** (Zip Code)

	(
	Registrant's telephone number, including area code: (801) 342-4300
Che	eck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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#### Cautionary Statement Regarding Forward-Looking Statements

In addition to historical information, this report contains forward-looking statements. Nature's Sunshine may, from time to time, make written or oral forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements encompass Nature's Sunshine's beliefs, expectations, hopes, or intentions regarding future events. Words such as "expects," "intends," "believes," "anticipates," "should," "likely," and similar expressions identify forward-looking statements. All forward-looking statements included in this report are made as of the date hereof and are based on information available to the Company as of such date. Nature's Sunshine assumes no obligation to update any forward-looking statement. Actual results will vary, and may vary materially, from those anticipated, estimated, projected or expected for a number of reasons, including, among others: further reviews of the Company's financial statements by the Company and its Audit Committee; modification of the Company's accounting practices; the outcome of the various inquiries, requests for documents and proceedings by government agencies; foreign business risks; industry cyclicality; fluctuations in customer demand and order pattern; changes in pricing and general economic conditions; as well as other risks detailed in the Company's previous filings with the SEC.

#### Item 2.02 Results of Operations and Financial Condition

On May 6, 2011, Nature's Sunshine Products, Inc. (the "Company") issued a press release announcing its financial results for the three months ended March 31, 2011. A copy of the Company's press release is attached hereto as Exhibit 99.1 and incorporated herein by reference.

## Item 9.01 Financial Statements and Exhibits

(d) The following documents are filed as exhibits to this report:

 Item No.
 Exhibit

 99.1
 Press Release issued by Nature's Sunshine Products, Inc., dated May 6, 2011

#### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 9, 2011 NATURE'S SUNSHINE PRODUCTS, INC.

By: /s/ Stephen M. Bunker

Stephen M. Bunker

Vice President, Chief Financial Officer, and

Treasurer



FOR IMMEDIATE RELEASE

## NATURE'S SUNSHINE PRODUCTS REPORTS FIRST QUARTER FINANCIAL RESULTS

PROVO, Utah, May 6, 2011 — Nature's Sunshine Products, Inc. (NASDAQ:NATR), a leading natural health and wellness company, today reported consolidated financial results for the first quarter ended March 31, 2011.

#### For the First Quarter of 2011:

- · Net sales were \$92.8 million, compared with \$86.8 million in the same quarter a year ago, an increase of 7.0 percent.
- Operating income from continuing operations was \$7.6 million, compared with \$0.6 million in the same quarter a year ago, an increase of 1,237.0%.
- · EBITDA, defined here as net income before taxes, depreciation and amortization, other income and adjusted to include share-based compensation expense, was \$8.8 million, compared with \$1.8 million in the same quarter a year ago, an increase of 398.7 percent.
- Net income from continuing operations was \$6.6 million, compared with net income of \$4.8 million in the same quarter a year ago, an increase of 38.8 percent.
- Basic and diluted net income per share from continuing operations was \$0.43, compared with earnings per share of \$0.31 for the same quarter a year ago.
- · As of March 31, 2011, shareholders' equity was \$75.6 million, compared to \$68.4 million on December 31, 2010, an increase of 10.6 percent.
- · As of March 31, 2011, active Managers worldwide were 30,300, an increase of 7.1 percent from the end of the prior quarter, while active Distributors worldwide were 696,400, an increase of 1.7 percent from the end of the prior quarter.

#### **Additional Financial Information:**

Certain events affected the comparability of 2011 versus 2010 quarterly results, as outlined below. For a more detailed comparison of 2011 versus 2010 results, refer to Management's Discussion and Analysis of Financial Condition and Results of Operations included in the Company's Quarterly Report on Form 10-Q for the three months ended March 31, 2011.

- · Other income in the prior year quarter benefited from a \$3.7 million foreign exchange gain related to the implementation of highly-inflationary accounting for Venezuela and the devaluation of the Venezuelan bolivar.
- The effective income tax rate was 16.0% compared with a tax benefit of 37.0% in the same quarter a year ago. The change in the effective tax rate was primarily due to the Company's increase in operating income for the current quarter compared to the same quarter a year ago. The effective tax rates for both periods were reduced by decreases in tax liabilities associated with uncertain tax positions due to the expiration of the statue of limitations of \$1.2 million and \$1.4 million, respectively.

#### NSP United States Segment Results for the First Quarter:

- Net sales were \$35.6 million, compared with \$36.7 million in the same quarter a year ago, a decrease of 2.8 percent. Shifting the timing of our national convention from the fall of 2010 to the spring of 2011 negatively affected Manager retention and Distributor recruiting efforts during the prior year and the current quarter. The prior year quarter also included heavy Manager and Distributor purchases in advance of price increases the following quarter. Net sales revenue also decreased compared to the same period in the prior year due to changes to some of our promotional programs.
- · Operating income was \$3.8 million, compared with \$0.5 million in the same quarter a year ago, an increase of 717.0 percent. The increase in operating income is primarily the result of significant cost reductions in our selling, general and administrative expenses.

#### NSP International Segment Results for the First Quarter:

- · Net sales were \$36.5 million, compared with \$36.2 million in the same quarter a year ago, an increase of 1.0 percent. In local currencies, net sales decreased by 0.3 percent compared to the same quarter a year ago. The decrease in local currency sales is due to lower sales in our Dominican Republic, Japan and Mexico markets, mostly offset by higher sales in our Russian markets and positive currency fluctuations.
- Operating income was \$2.1 million, compared with \$0.8 million in the same quarter a year ago, an increase of 149.0 percent. This increase was the result of cost reductions, as well as the impact of prior year value-added tax reserve charges in our Mexico business.

#### Synergy Worldwide Results for the First Quarter:

- · Net sales were \$20.7 million, compared with \$13.9 million in the same quarter a year ago, an increase of 48.1 percent. In local currencies, net sales increased 42.8 percent compared to the same quarter a year ago. The increase in net sales was primarily due to growth in our United States, Korean and European markets, and the opening of our Vietnam market.
- · Operating income was \$1.8 million, compared with an operating loss of \$0.7 million for the same quarter in the prior year, an increase of 353.0 percent. This increase was primarily due to improvements in sales within its European, U.S, and Korean subsidiaries as well as cost reductions.

#### **Non-GAAP Financial Measures**

The Company has included information concerning EBITDA because management utilizes this information in the evaluation of its operations and believes that this measure is a useful indicator of the Company's ability to fund its business. EBITDA has not been prepared in accordance with generally accepted accounting principles (GAAP). This non-GAAP financial measure should not be considered as an alternative to, or more meaningful than, net income as an indicator of the Company's operating performance. Further, this non-GAAP financial measure, as presented by the Company, may not be comparable to similarly titled measures reported by other companies. The Company has included a reconciliation of EBITDA to reported earnings under GAAP in the attached financial tables.

#### **About Nature's Sunshine Products**

Nature's Sunshine Products (NASDAQ:NATR), a leading natural health and wellness company, markets and distributes nutritional, herbal, weight management, energy, and other complementary products through a global direct sales force of over 600,000 independent distributors in more than 40 countries. Nature's Sunshine manufactures its products through its own state-of-the-art facilities to ensure its products continue to set the standard for the highest quality, safety and efficacy on the market today. The Company also supports health and wellness for children around the world through its partnership with the Little Heroes Foundation. Additional information about the Company can be obtained at its website, www.natr.com.

#### **Cautionary Statement Regarding Forward-Looking Statements**

In addition to historical information, this release contains forward-looking statements. Nature's Sunshine may, from time to time, make written or oral forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements encompass Nature's Sunshine's beliefs, expectations, hopes, or intentions regarding future events. Words such as "expects," "intends," "believes," "anticipates," "should," "likely," and similar expressions identify forward-looking statements. All forward-looking statements included in this release are made as of the date hereof and are based on information available to the Company as of such date. Nature's Sunshine assumes no obligation to update any forward-

looking statement. Actual results will vary, and may vary materially, from those anticipated, estimated, projected or expected for a number of reasons, including, among others: further reviews of the Company's financial statements by the Company and its Audit Committee; modification of the Company's accounting practices; foreign business risks; industry cyclicality; fluctuations in customer demand and order pattern; changes in pricing and general economic conditions; as well as other risks detailed in the Company's previous filings with the SEC.

# NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED BALANCE SHEETS (Amounts in thousands) (Unaudited)

March 31, 2011			December 31, 2010	
Assets		_	-	
Current Assets:				
Cash and cash equivalents	\$	55,418	\$	47,604
Accounts receivable, net of allowance for doubtful accounts of \$714 and \$918, respectively		10,671		5,947
Investments available for sale		5,788		6,470
Inventories		35,665		36,235
Deferred income tax assets		4,564		4,582
Prepaid expenses and other		6,467		5,700
Total current assets		118,573		106,538
Property, plant and equipment, net		26,636		27,391
Investment securities		1,770		1,778
Intangible assets		1,266		1,303
Deferred income tax assets		12,945		12,916
Other assets		9,710		9,489
	\$	170,900	\$	159,415
Liabilities and Shareholders' Equity				
Current Liabilities:				
Accounts payable	\$	4,485	\$	4,855
Accrued volume incentives	Ψ	22,065	Ψ	18,619
Accrued liabilities		35,240		34,601
Deferred revenue		3,140		3,385
Income taxes payable		4,902		3,708
Total current liabilities		69,832		65,168
		20.552		21.266
Liability related to unrecognized tax benefits		20,573		21,366
Deferred compensation payable		1,770		1,778
Other liabilities		3,124		2,721
Total long-term liabilities		25,467		25,865
Shareholders' Equity:				
Common stock, no par value; 50,000 shares authorized, 15,533 issued and outstanding as of March 31, 2011 and December 31, 2010		67,840		67.752
Retained earnings		14,900		8,278
Accumulated other comprehensive loss		(7,139)		(7,648)
Total shareholders' equity		75,601		68,382
	\$	170,900	\$	159,415
	Φ	170,700	Ψ	137,413

## NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

(Amounts in thousands, except per share information) (Unaudited)

	Three Months Ended March 31,			
		2011		2010
Net sales revenue (net of the rebate portion of volume incentives of \$11,582 and \$11,176, respectively)	<u>\$</u>	92,844	\$	86,790
Cost and expenses:		10.552		17.017
Cost of goods sold Volume incentives		18,552		17,917
		34,298		32,551
Selling, general and administrative		32,373		35,752
		85,223		86,220
Operating income		7,621		570
Other income, net		265		2,901
Income before provision (benefit) for income taxes		7,886		3,471
Provision (benefit) for income taxes		1,264		(1,300)
Net income from continuing operations		6,622		4,771
Loss from discontinued operations		´—		(618)
Net income	\$	6,622	\$	4,153
Basic and diluted net income per common share				
Basic:				
Net income from continuing operations	\$	0.43	\$	0.31
Loss from discontinued operations	\$		\$	(0.04)
Net income	\$	0.43	\$	0.27
Diluted:				
Net income from continuing operations	\$	0.43	\$	0.31
Loss from discontinued operations	\$		\$	(0.04)
Net income	\$	0.43	\$	0.27
Weighted average basic common shares outstanding		15,533		15,510
	_	15,561	_	15,534
Weighted average diluted common shares outstanding		13,301		13,334

# NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES RECONCILIATION OF NET INCOME (LOSS) to EBITDA (Amounts in thousands) (Unaudited)

	Three Months Ended March 31,			
	2011		2010	
Net income	\$	6,622	\$	4,153
EBITDA adjustments:				
Loss from discontinued operations		_		618
Depreciation and amortization		1,054		1,118
Share-based compensation expense		88		69
Other income, net*		(265)		(2,901)
Taxes		1,264		(1,300)
EBITDA	\$	8,763	\$	1,757

<sup>\*</sup> Other income, net is primarily comprised of foreign exchange gains (losses), interest income, and interest expense.

#### Contact:

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