# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# **FORM 11-K**

(Mark one)	Annual Report Pursuant to Section 15(d) of the Securities Exchange Act of 1934
M	
	For the fiscal year ended December 31, 2006
	OR
	Transition Report Pursuant to Section 15(d) of the Securities Exchange Act of 1934
	For the transition period from to
	Commission File No. 0-8707
A. Full title of th	e Plan and the address of the Plan, if different from that of the issuer named below:
	Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan
B. Name of issue	er of the securities held pursuant to the Plan and the address of its principal executive office:
	Nature's Sunshine Products, Inc. 75 East 1700 South P.O. Box 19005 Provo, UT 84605-9005
	the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the employee benefit plan) have duly caused e signed on its behalf by the undersigned hereunto duly authorized.  Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan  By: /s/ Stephen M. Bunker
	Chief Financial Officer, Vice President of Finance and Treasurer of Nature's Sunshine Products, Inc., the Plan Administrator
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	NATURE'S SUNSHINE PRODUCTS, INC. TAX DEFERRED RETIREMENT PLAN  Financial Statements and Supplemental Schedule  As of December 31, 2006 and 2005 and for the Year Ended December 31, 2006  Together with Report of Independent Registered Public Accounting Firm
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Statements of Net Assets Available for Benefits.

Statement of Changes in Net Assets Available for Benefits

Notes to Financial Statements

Supplementary Schedules\*

Schedule H, Part IV, Item 4a - Delinquent Participant Contributions.

Schedule H, Part IV, Item 4i - Schedule of Assts (Held at End of Year)

\* Other supplementary schedules required by section 2520-103.10 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Security Act of 1974 have been omitted because they are not applicable.

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#### REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

The Administrator of the

Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan

We have audited the accompanying statements of net assets available for benefits of the Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan (the Plan) as of December 31, 2006 and 2005 and the related statement of changes in net assets available for benefits for the year ended December 31, 2006. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the net assets available for benefits of the Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan as of December 31, 2006 and 2005, and the changes in net assets available for benefits for the year ended December 31, 2006 in conformity with U.S. generally accepted accounting principles.

As described in Note 2, the Plan adopted Financial Accounting Standards Board Staff Position AAG INV-1 and SOP 94-4-1, Reporting of Fully Benefit-Responsive Investment Contracts Held by Certain Investment Companies Subject to the AICPA Investment Company Guide and Defined-Contribution Health and Welfare and Pension Plans, as of December 31, 2006.

Our audits of the financial statements were performed for the purpose of forming an opinion on the basic financial statements taken as a whole. The supplemental Schedule of Assets (Held at End of Year) as of December 31, 2006, and Schedule of Delinquent Participant Contributions for the year ended December 31, 2006, are presented for the purpose of additional analysis and are not a required part of the basic financial statements, but are supplementary information required by the United States Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. The supplemental

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schedules are the responsibility of the Plan's management and have been subjected to the auditing procedures applied in the audit of the basic financial statements and, in our opinion, are fairly stated in all material respects in relation to the basic financial statements taken as a whole.

/s/ Tanner L.C.

Salt Lake City, Utah July 13, 2007

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NATURE'S SUNSHINE PRODUCTS, INC.
TAX DEFERRED RETIREMENT PLAN

Statements of Net Assets Available for Benefits

2006	2005
	(As Restated

Investments at fair value \$ 31,174,076 \$ 33,652,456

Assets

Receivables:		
Employee contributions	70,775	64,087
Employer contributions	56,931	51,842
Interest	1,954	1,760
Total receivables	129,660	117,689
Tital conte	21 202 726	22 770 145
Total assets	31,303,736	33,770,145
<u>Liabilities</u>		
Turnetturante munchessed in excess of each halances		71,148
Investments purchased in excess of cash balances  Excess contributions payable	8,020	9,542
Excess continuous payable	0,020	7,542
Total liabilities	8,020	80,690
Net assets available for benefits at fair value	31,295,716	33,689,455
Adjustment from fair value to contract value for fully benefit-responsive investment contract	109,384	101,001
Net assets available for benefits	\$ 31,405,100	\$ 33,790,456

See accompanying notes to financial statements.

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# NATURE'S SUNSHINE PRODUCTS, INC. TAX DEFERRED RETIREMENT PLAN

Statement of Changes in Net Assets Available for Benefits

Year Ended December 31, 2006

Additions to net assets attributed to:	
Investment income:	
Net depreciation in fair value of investments	\$ (1,016,161)
Interest and dividends	1,225,229
Total investment income	209,068
Contributions:	
Employee	1,328,305
Employer	1,016,848
Total contributions	2,345,153
Total additions	2,554,221
Deductions from net assets attributed to:	
Benefits paid to participants	4,939,577
Decrease in net assets available for benefits	(2,385,356)
Net assets available for benefits:	
Beginning of year	33,790,456
End of year	\$ 31,405,100

See accompanying notes to financial statements.

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NATURE'S SUNSHINE PRODUCTS, INC. TAX DEFERRED RETIREMENT PLAN Notes to Financial Statements

#### 1. Description of the Plan

#### General

The Plan is a defined contribution plan established to provide retirement benefits to eligible employees of Nature's Sunshine Products, Inc. (the Company) and its domestic subsidiaries. Employees that are 18 years of age or older are eligible to participate in the Plan immediately upon hire. The Plan is intended to be a qualified retirement plan under the Internal Revenue Code (IRC) and is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA), as amended.

#### **Contributions**

Each year, participating employees may elect to contribute a percentage of their eligible compensation not to exceed 15%. Contributions are limited by the IRC, which established a maximum contribution of \$15,000 (\$20,000 for participants age 50 and older) for the year ended December 31, 2006 and \$14,000 (\$18,000 for participants age 50 and older) for the year ended December 31, 2005. Highly compensated employees, as defined in the IRC, may contribute a percentage of their annual compensation, not to exceed 5%.

The Company matches the participants' contributions to the Plan at 100% up to a maximum of 5% of their eligible compensation.

For the year ended December 31, 2006, rollovers from other plans were not permitted. Effective February 1, 2007, the Plan was amended to permit rollovers to the Plan from other qualified plans.

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#### Participant Accounts

Individual accounts are maintained for each Plan participant. Each participant's account is credited with the participant's contribution, the Company's matching contribution, and an allocation of investment earnings, and is charged with withdrawals and an allocation of investment losses. Allocations are based on participant account balances. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

#### Participant-Directed Options for Investments

Participants direct the investment of their contributions and the Company matching contributions into various investments offered by the Plan. Investment options include mutual funds and a common collective trust fund. Participants may change their election or transfer monies between funds at any time. Participants with common stock of the Company in their accounts may direct the sale of the stock and the investment of the resulting monies in other investments offered by the Plan.

#### Vesting

Participants are immediately vested in their contributions to the Plan plus actual earnings thereon. A participant is 100% vested in the employer contributions and related earnings after three years of qualifying service, or upon attaining the Plan's normal retirement age of 59 ½, or upon death or certain types of disability while an employee.

#### Payment of Benefits

The Plan provides for benefit distributions (either as an annuity, installment or lump sum) to Plan participants or their beneficiaries of their vested account balance upon termination of employment (including death), certain types of disability or attainment of age 59 ½ (retirement age) while employed by the Company. Vested benefits may also be rolled over into another retirement plan.

If the value of a vested account is not greater than \$1,000 when employment is terminated, the benefit will be distributed to the participant following the date of termination.

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If the value of a vested account is greater than \$1,000 but not more than \$5,000 and the participant does not elect to receive the distribution or roll it over to an eligible retirement plan, the Plan Administrator will automatically initiate a distribution to a Merrill Lynch Individual Retirement Rollover Account when employment is terminated.

#### Hardship Withdrawals

Participants may withdraw all or part of their vested account balances, including voluntary contributions (but none of the income earned on such contributions), upon demonstration of a financial hardship subject to the requirements of the Plan. Hardship withdrawals are permitted based on the safe harbor rules.

#### Forfeitures

Forfeitures are used first to fund future employer contributions, then to offset Plan administrative costs, and finally by allocation to the participant's accounts. During the years ended December 31, 2006 and 2005, the forfeiture account earned \$1,824 and \$1,022, respectively, and forfeitures utilized to reduce Company contributions totaled \$79,211 and \$44,799, respectively. Additional forfeitures that became available for general use for the years ended December 31, 2006 and 2005 totaled \$73,735 and \$44,482, respectively. As of December 31, 2006 and 2005, the balance in the forfeiture account was \$15 and \$3,667, respectively.

#### 2. Summary of Significant Accounting Policies

### Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting in accordance with accounting principles generally accepted in the United States of America.

#### Use of Estimates

The preparation of the financial statements in conformity with accounting principles generally accepted in the United States of America requires the Plan Administrator to make estimates and assumptions that affect certain reported amounts of net assets available for benefits at the date of the financial statements, the changes in net assets available for benefits during the reporting period and, when applicable, the disclosure of contingent assets and liabilities at the date of the financial statements. Actual results may differ from those estimates.

#### Adoption of New Standard

In December 2005, the Financial Accounting Standards Board ("FASB") issued a Staff Position ("FSP"), Reporting of Fully Benefit Responsive Investment Contracts Held by Certain Investment Companies Subject to the AICPA Investment Company Guide and Defined-Contribution Health and Welfare and Pension Plans. This FSP amends the guidance in AICPA Statement of Position 94-4, Reporting of Investment Contracts Held by Health and Welfare Benefit Plans and Defined-Contribution Pension Plans. The FSP requires investment contracts held by a defined-contribution pension plan to be reported at fair value. However, contract value is the relevant measurement attribute for that portion of the net assets available for benefits of a defined-contribution plan attributable to fully benefit-responsive investment contracts because contract value is the amount participants would receive if they were to initiate permitted transactions under the terms of the Plan. The Plan invests in fully benefit-responsive investment contracts through a collective trust. As required by the FSP, investments in fully benefit-responsive collective trusts are presented at fair value in the statement of net assets available for benefits and the amount representing the difference between fair value and contract value of these investments is also presented on the face of the statement of net assets available for benefits. The FSP is effective for financial statements for annual periods ending after December 15, 2006, and must be applied retroactively to all prior periods presented. Accordingly, the Plan has adopted the financial statement presentation and disclosure requirements effective December 31, 2006, and has restated the 2005 Statement of Net Assets Available for Benefits to present all investments at fair value, with the adjustment to contract value

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separately disclosed. The effect of adopting the FSP had no impact on the Plan's net assets available for benefits as of December 31, 2006 and 2005 or changes in net assets available for benefits for the year ended 2006, as such investments have historically been presented at contract value.

#### Recent Accounting Pronouncements

In September 2006, the FASB issued Statement No. 157, "Fair Value Measurement" (FAS 157), which establishes a framework for measuring fair value under U.S. generally accepted accounting principles and expands disclosure about fair value measurements. FAS 157 is effective for financial statements issued with fiscal years beginning after November 15, 2007. The Plan's management does not believe that the adoption of FAS 157 will have a material impact on the Plan's financial statements.

In February 2007, the FASB issued Statement No. 159, "The Fair Value Option for Financial Assets and Financial Liabilities" (FAS 159). The fair value option established by FAS 159 permits entities to choose to measure eligible items at fair value at specified election dates. Unrealized gains and losses on items for which the fair value option has been elected are reported in earnings at each subsequent reporting date. FAS 159 is effective as of the beginning of an entity's first fiscal year that begins after November 15, 2007. The Plan's management does not believe that the adoption of FAS 159 will have a material impact on the Plan's financial statements.

#### Investment Valuation and Income Recognition

The Plan's investments are stated at fair value. Shares of the Company's common stock are valued at quoted market price. Shares of mutual funds are valued at quoted market prices, which represent the net asset value of units held by the Plan at year-end. The Plan's interest in the collective trust is valued based on information reported by the investment advisor using the audited financial statements of the collective trust at year-end.

Net appreciation (depreciation) in the market value of investments includes both realized and unrealized gains and losses.

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Purchases and sales of securities are recorded on a trade-date basis. Dividend income is recorded on the ex-dividend date. Investment earnings are automatically reinvested into the fund from which they were derived.

#### Payment of Benefits

Benefits are recorded when paid by the Plan.

#### Administrative Costs

The Company pays the majority of the costs incurred in administering the Plan.

#### 3. Risks and Uncertainties

The Plan invests in various investment securities that are exposed to various risks, such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes would materially affect the amounts reported in the statements of net assets available for benefits.

As of December 31, 2006 and 2005, approximately 11% and 20%, respectively, of total Plan investments were held in Company common stock. This investment is exposed to market risk from changes in the fair market value of such shares.

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#### 4. Investments

The Plan's investments that represented 5% or more of the total Plan's net assets available for benefits as of December 31, 2006 and 2005 are as follows:

	2006	2005
Merrill Lynch Retirement Preservation Trust Fund	\$ 5,759,168	\$ 5,651,002
Nations Marsico Growth Fund Class A	4,000,949	4,153,174
Nature's Sunshine Products, Inc. Common Stock	3,402,881	6,921,938
PIMCO Total Return Fund Class A	3,230,293	3,187,711
BlackRock Equity Dividend Fund Class A	2,581,127	1,978,468
Columbia Acorn Fund Class A	2,178,232	1,914,696
Massachusetts Investors Trust Fund	*	1,993,080

<sup>\*</sup> This investment did not exceed 5% or more of total net assets available for benefits as of December 31, 2006 and, therefore, is not shown separately.

During 2006, the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) depreciated in fair value as follows:

	2006
Common stock	\$ (1,302,448)
Mutual funds	286,287
Net depreciation in fair value	\$ (1,016,161)

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#### 5. Plan Termination

Although it has not expressed any intention to do so, the Company has the right under the Plan document to amend or terminate the Plan subject to the terms of the Plan agreement and the provisions of ERISA. In the event of Plan termination, participants will become 100% vested in their employer matching contributions and they become non-forfeitable.

#### 6. Tax Status

The Plan was amended and restated using a Merrill Lynch non-standardized prototype plan document, effective January 1, 2003. The Internal Revenue Service has informed the proto-type plan sponsor by an opinion letter dated June 4, 2002 that the Plan is qualified under the appropriate sections of the IRC. The Company believes that the Plan continues to be designed and operated in compliance with the applicable requirements of the IRC and the trust established under the Plan is tax-exempt under the IRC. Accordingly, an income tax provision is not recorded by the Plan.

#### 7. Parties-in-Interest Transactions

Certain Plan investments include mutual funds and a common collective trust fund managed by Merrill Lynch, Pierce Fenner & Smith (Merrill Lynch), who is also the Plan trustee, and therefore a party-in-interest. While transactions involving Plan assets with a party-in-interest are usually prohibited, these transactions are exempt under ERISA Section 408(b)(8). Certain fees to Merrill Lynch were paid by the Company.

Transactions associated with the shares of common stock of the Company are also considered exempt party-in-interest transactions. The Plan purchased approximately 9,000 shares of the Company's common stock during the year ended December 31, 2006, and sold approximately 97,000 shares of the Company's common stock during the year ended December 31, 2006. As of December 31, 2006 and 2005, the Plan held 294,494 and 382,851 shares, respectively, of common stock of the Company. During the year ended December 31, 2006, the Plan recorded dividend income of \$63,508, related to the common stock of the Company.

#### 8. Non Exempt Prohibited-Transactions

During 2006, there were unintentional delays of one to four days by the Company in submitting certain employee contributions in the aggregate amount of \$332,991 to the Trustee. The Company has reimbursed the Plan in 2007, for lost interest in the amount of \$135.

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#### 9. Contingencies

In October 2005, the Company's Audit Committee commenced an investigation with respect to certain of the Company's foreign operations. The investigation, which was conducted by an independent team comprised of professionals from nationally-recognized legal and accounting firms, was subsequently expanded to include other matters related to the Company's financial statements and was overseen by a Special Committee comprised of one independent member of the Company's Audit Committee and an outside independent consultant, who later became a director and independent member of the Company's Audit Committee.

On March 15, 2006, the Company's Audit Committee received an oral preliminary report on the findings of the independent investigation to that date. In response to that report and a series of subsequent meetings involving KPMG, LLP ("KPMG"), then serving as the Company's independent registered public accounting firm, the Special Committee, the Audit Committee, and other directors of the Company, KPMG resigned as the Company's independent registered public accounting firm on March 31, 2006. The events associated with KPMG's resignation are discussed in a series of Current Reports on Form 8-K filed with the SEC in March and April, 2006, as subsequently amended. As part of the events leading to KPMG's resignation, the Company's Audit Committee determined that the financial statements filed with the following previously issued reports should not be relied upon:

- · Forms 10-Q for each of the first three fiscal quarters of 2005;
- · Form 10-K for the fiscal year ended December 31, 2004 (which includes financial statements as of December 31, 2004 and 2003 and for the fiscal years ended December 31, 2004, 2003 and 2002); and
- · Forms 10-Q for each of the first three fiscal quarters of 2004, 2003 and 2002.

Due in large part as a result of the above described matters, the Company was unable to prepare and file periodic reports for 2005 and 2006, as well as the first quarter of 2007, as required by the Securities Exchange Act of 1934, as amended (the "Exchange Act"). In

connection with the Company's failure to comply with the reporting requirements of the Exchange Act, the SEC has instituted administrative proceedings pursuant to Section 12(j) of the Exchange Act to suspend or revoke the registration of the Company's securities. If the Company's Exchange Act registration is suspended or revoked, broker-dealers would not be permitted to effect transactions in the Company's shares (including shares of common stock held by the Plan) until the Company files a new registration with the SEC under the Exchange Act and that registration is made effective. The Company cannot currently predict the outcome of the SEC's proceeding or of any available appeals that may follow. Similarly, the Company cannot estimate what impact the SEC's determination may have on its financial statements or the materiality of such impact, if any. The SEC has also subpoenaed, and the Department of Justice has requested, certain documents and other materials related to the previously-disclosed independent investigation by the Company's Audit Committee, as discussed above. In addition, the Internal Revenue Service began an audit of the Company's income tax returns in early 2006. This audit is ongoing and covers income tax returns for the years 2002 through 2005. The Company cannot currently estimate what impact, if any, and the materiality of such impact, if any, the conclusion of these matters may have on its financial statements or the market for the shares of the Company's common stock held by the Plan.

The U.S. Department of Labor is performing an ongoing review of the Plan. As of July 13, 2007, the Plan had not been notified of any formal deficiency assertions associated with the review, except as noted in note 8. The review is continuing and could result in actions and/or penalties asserted against the Plan, the Plan administrator or other Plan fiduciaries. The outcome of this review and potential effect on the Plan or the Company are not currently determinable.

During 2006, multiple parties commenced prospective class action lawsuits against the Company. Given the Plan's ownership of shares of the Company's common stock for the account of certain Plan participants, the Plan has engaged independent legal counsel to advise the Plan's investment fiduciary regarding the implications of the pending claims with respect to shares of the Company's common stock held by the Plan.

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#### 10. Reconciliation of Financial Statements to Form 5500

The following differences between the 2006 financial statements and the Form 5500 are due to the adjustment from fair value to contract value of the Merrill Lynch Retirement Preservation Trust fund, which holds fully benefit-responsive investment contracts.

Net assets available for benefits as presented in the financial statements	\$ 31,405,100
Adjustment from contract value to fair value for fully benefit- responsive investment contracts	(109,384)
Net assets available for benefits as presented in Form 5500	\$ 31,295,716

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NATURE'S SUNSHINE PRODUCTS, INC.
TAX DEFERRED RETIREMENT PLAN
Plan 002 EIN 87-0327982
Schedule H, Part IV, Item 4a
Schedule of Delinquent Participant Contributions

Year Ended December 31, 2006

Participant Contributions Transferred Late to the Plan **Total that Constitutes Nonexempt Prohibited Transactions** Participant Contributions for the Week Ended March 1, 2006 97,725 Participant Contributions for the Week Ended April 16, 2006 46,919 Participant Contributions for the Week Ended June 11, 2006 47,506 Participant Contributions for the Week Ended July 9, 2006 47 684 Participant Contributions for the Week Ended September 17, 2006 46,904 Participant Contributions for the Week Ended October 15, 2006 46,253 332,991

See accompanying report of Independent Registered Public Accounting Firm.

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NATURE'S SUNSHINE PRODUCTS, INC.
TAX DEFERRED RETIREMENT PLAN
Plan 002 EIN 87-0327982
Schedule H, Part IV, Item 4i
Schedule of Assets (Held at End of Year)

December 31, 2006

(a) Party in <u>Interest</u>		(b) Identity of Issue	(c) Description of Investment Common Collective Trust:	Number of Units	(d) Cost	(e) Current Value
	*	Merrill Lynch	Merrill Lynch Retirement Preservation Trust Fund (contract value of \$5,868,552)	5,868,552	**	\$ 5,759,168

		Mutual Funds:			
	Columbia Management	Nations Marsico Growth Fund Class A	199.052	**	4,000,949
	PIMCO	PIMCO Total Return Fund Class A	311,204	**	3,230,293
*	Merrill Lynch	BlackRock Equity Dividend Fund Class A	142,476	**	2,581,127
	Columbia Management	Columbia Acorn Fund Class A	75,060	**	2,178,232
	Franklin Templeton Investments	Franklin Mutual Beacon Fund Class A	89,327	**	1,483,725
	American Funds	The Growth Fund of America Class R3	45,354	**	1,471,749
	MFS	Massachusetts Investors Trust Fund	66,484	**	1,376,888
	American Funds	EuroPacific Growth Fund Class R3	28,165	**	1,292,773
	Oakmark	The Oakmark Equity & Income Fund Class II	47,864	**	1,234,418
	JP Morgan	JP Morgan Mid-Cap Value Fund Class A	32,633	**	840,621
	Merrill Lynch	BlackRock International Value Fund Class I	21,278	**	661,957
	Merrill Lynch	BlackRock Global Allocation Fund Class A	25,297	**	459,395
	Merrill Lynch	BlackRock International Value Fund Class A	13,429	**	416,707
	Merrill Lynch	BlackRock Basic Value Fund Class A	6,462	**	214,742
	Davis Funds	Davis NY Venture Fund Class A	4,989	**	192,183
	Calvert	Calvert Income Fund	8,815	**	147,824
	Merrill Lynch	BlackRock Fundamental Growth Fund Class A	6,760	**	131,417
	Merrill Lynch	BlackRock Government Income Fund Class A	5,225	**	56,116
	PIMCO	PIMCO Stock Plus Fund Class A	3,771	**	40,911
		Total Mutual Funds		_	22,012,027
		Common Stock:			
*	Nature's Sunshine Products Inc.	Common Stock	294,494	**	3,402,881
		Total Investments		\$	31,174,076

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See accompanying report of Independent Registered Public Accounting Firm.

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# EXHIBIT INDEX Exhibit Number Description

<sup>\*</sup> Denotes a party-in-interest as defined by ERISA

\*\* Not required as investments are participant directed

## CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in Nature's Sunshine Products, Inc.'s Registration Statement No. 033-59497 on Form S-8 of our report dated July 13, 2007, relating to the financial statements of the Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan as of and for the year ended December 31, 2006, which appears in this Form 11-K.

/s/ Tanner LC

Salt Lake City, Utah July 13, 2007