#### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### **FORM 10-Q**

### QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the Quarterly Period Ended March 31, 2004

Commission File Number 0-8707



#### NATURE'S SUNSHINE PRODUCTS, INC.

(Exact name of Registrant as specified in its charter)

Utah

(State or other jurisdiction of incorporation or organization)

87-0327982 (IRS Employer Identification No.)

75 East 1700 South Provo, Utah 84606

(Address of principal executive offices and zip code)

(801) 342-4300

(Registrant's telephone number including area code)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the Registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes  $\boxtimes$  No  $\square$ 

Indicate by check mark whether the registrant is an accelerated filer (as defined in Rule 12b-2 of the Exchange Act). Yes  $\boxtimes$  No  $\square$ 

The number of shares of Common Stock, no par value, outstanding on May 6, 2004 was 14,906,666 shares.

When we refer in this Form 10-Q to the "Company," "we," "our," and "us," we mean Nature's Sunshine Products, Inc., a Utah corporation, together with our subsidiaries.

### NATURE'S SUNSHINE PRODUCTS, INC. FORM 10-Q

For the Quarter Ended March 31, 2004

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#### PART I FINANCIAL INFORMATION

#### Item 1. FINANCIAL STATEMENTS

## NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED BALANCE SHEETS (Amounts in Thousands)

(Unaudited)

	N	Iarch 31, 2004	Dec	ember 31, 2003
ASSETS				
CURRENT ASSETS:				
Cash and cash equivalents	\$	35,196	\$	30,665
Accounts receivable, net		7,080		5,567
Inventories, net		27,663		26,528
Deferred income tax assets		3,345		3,553
Prepaid expenses and other		10,776		9,723
Total current assets		84,060	-	76,036
PROPERTY, PLANT AND EQUIPMENT, net		31,993		32,318
LONG-TERM INVESTMENTS		7,584		6,416
DEFERRED TAX ASSETS LONG TERM		6,153		5,359
DEFINITE-LIVED INTANGIBLE ASSETS, net		2,000		2,094
OTHER ASSETS		2,856		3,335
	\$	134,646	\$	125,558
LIABILITIES AND SHAREHOLDERS' EQUITY				
CURRENT LIABILITIES:				
Line of credit	\$	_	\$	5,000
Accounts payable		6,883		4,003
Accrued volume incentives		15,638		12,093
Accrued liabilities		19,895		18,009
Income taxes payable		6,930		6,879
Total current liabilities		49,346		45,984
DEFERRED COMPENSATION		2,213		2,232
SHAREHOLDERS' EQUITY:				
Common Stock, no par value; 20,000 shares authorized, 19,446 shares issued		20,483		25,437
Retained earnings		127,248		124,997
Treasury stock, at cost, 4,716 and 5,267 shares, respectively		(45,334)		(54,833)
Accumulated other comprehensive loss		(19,310)		(18,259)
Total shareholders' equity		83,087	-	77,342
		134,646	\$	125,558

See accompanying notes to condensed consolidated financial statements.

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## NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF INCOME AND COMPREHENSIVE INCOME

(Amounts in Thousands, Except Per-Share Information) (Unaudited)

	Three Months Ended March 31,			ded
				2003
				(As Restated, See Note 1)
NET SALES REVENUE (net of the rebate portion of volume incentives of \$9,824 and \$9,478, respectively)	\$	76,896	\$	62,663
COST AND EXPENSES:				
Cost of goods sold		15,299		13,014
Volume incentives		29,488		22,622
Selling, general and administrative		28,505		24,812
OPERATING INCOME		3,604		2,215
	-			
OTHER INCOME				
Interest income		97		145
Interest expense		(14)		(45)
Other income (loss), net		773		193
		856		293
INCOME BEFORE PROVISION FOR INCOME TAXES		4,460		2,508

PROVISION FOR INCOME TAXES	1,472	904
NET INCOME	2,988	1,604
OTHER COMPREHENSIVE INCOME (LOSS), net of tax:		
Foreign currency translation adjustments	(1,068)	(695)
Net unrealized holding gains (losses) on marketable securities	27	(806)
Reclassification adjustment for net realized gains on marketable securities included in net income	(10)	_
	(1,051)	(1,501)
COMPREHENSIVE INCOME	\$ 1,937	\$ 103
BASIC NET INCOME PER COMMON SHARE	\$ 0.21	\$ 0.11
WEIGHTED AVERAGE BASIC COMMON SHARES	14,545	14,898
DILUTED NET INCOME PER COMMON SHARE	\$ 0.20	\$ 0.11
WEIGHTED AVERAGE DILUTED COMMON SHARES	14,937	15,091

See accompanying notes to condensed consolidated financial statements.

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### NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (Amounts in Thousands)

(Amounts in Thousands)
(Unaudited)

	Three Months Ended March 31,		
		2004	2003
CASH FLOWS FROM OPERATING ACTIVITIES:			
Net income	\$	2,988	\$ 1,604
Adjustments to reconcile net income to net cash provided by operating activities:			
Depreciation and amortization		1,442	1,796
Tax benefit from stock option exercises		259	_
Gain (loss) on sale of property, plant and equipment		51	(17)
Deferred income taxes		(589)	(119)
Deferred compensation		(20)	83
Changes in assets and liabilities:			
Accounts receivable, net		(1,547)	479
Inventories, net		(1,287)	(759)
Prepaid expenses and other assets		(828)	(697)
Accounts payable		2,882	1,710
Accrued volume incentives		3,636	1,928
Accrued liabilities		1,870	563
Income taxes payable		119	(1,242)
Net cash provided by operating activities		8,976	5,329
CASH FLOWS FROM INVESTING ACTIVITIES:			
Capital expenditures		(1,129)	(1,006)
Proceeds from sale (purchase) of investments		(1,150)	1,194
Payments received on long-term receivables		163	210
Proceeds from sale of property, plant and equipment		45	54
Net cash (used in) provided by investing activities	·	(2,071)	452
CASH FLOWS FROM FINANCING ACTIVITIES:			
Net (payments) proceeds from line of credit		(5,000)	3,500
Payment of cash dividends		(736)	(498)
Purchase of treasury stock		(17)	(10,580)
Proceeds from exercise of stock options		4,301	_
Net cash used in financing activities	·	(1,452)	(7,578)
EFFECT OF EXCHANGE RATES ON CASH	· <u> </u>	(922)	(695)
NET INCREASE (DECREASE) IN CASH AND CASH EQUIVALENTS		4,531	(2,492)
CASH AND CASH EQUIVALENTS AT BEGINNING OF THE PERIOD		30,665	26,175
CASH AND CASH EQUIVALENTS AT END OF THE PERIOD	\$	35,196	\$ 23,683

See accompanying notes to condensed consolidated financial statements.

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# NATURE'S SUNSHINE PRODUCTS, INC. AND SUBSIDIARIES NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS (Amounts in Thousands, Except Per-Share Information) (Unaudited)

#### (1) BASIS OF PRESENTATION AND ACCOUNTING POLICIES

The unaudited, condensed consolidated financial statements of Nature's Sunshine Products, Inc. and subsidiaries (together, the "Company") included herein have been prepared pursuant to the rules and regulations of the United States Securities and Exchange Commission. Certain information and footnote disclosures normally required in financial statements prepared in accordance with accounting principles generally accepted in the United States of America have been condensed or omitted pursuant to such rules and regulations, although the Company believes the following disclosures are adequate to make the information presented not misleading.

These unaudited, condensed consolidated financial statements reflect all adjustments, which in the opinion of management are necessary to present fairly the Company's financial position as of March 31, 2004, and the results of its operations and its cash flows for the periods presented. All of the adjustments which have been made in these condensed consolidated financial statements are of a normal recurring nature. Operating results for the three months ended March 31, 2004 are not necessarily

indicative of the results that may be expected for the year ending December 31, 2004.

We re-evaluated our financial statement presentation of volume incentive payments made to our independent Distributors and Managers during the year ended December 31, 2003. These payments consist of (1) commissions paid for purchases made by the Distributors' and Managers' down-line organizations, and (2) rebates paid to Distributors and Managers for purchases of products for their own use or for resale. In accordance with Emerging Issue Task Force Issue "EITF 01-9", we determined it was appropriate to present the portion of volume incentive payments representing rebates as reductions to sales revenue rather than as operating expenses. As a result, we have reclassified the appropriate amounts for all periods presented in this Form 10-Q, including all quarterly and segment data, by reducing sales revenue and volume incentives (operating expense) by equal amounts. These reclassifications had no effect on operating income, net income, or earnings per basic or diluted common share.

These condensed consolidated financial statements should be read in conjunction with the consolidated financial statements and the notes thereto included in the Company's Annual Report on Form 10-K for the year ended December 31, 2003.

#### (2) RECENT ACCOUNTING PRONOUNCEMENTS

In January 2003, the Financial Accounting Standards Board, or FASB, issued FASB Interpretation "FIN" No. 46, "Consolidation of Variable Interest Entities – An Interpretation of ARB No. 51" ("FIN No.

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46"). FIN No. 46 addresses consolidation and reporting by business enterprises of variable interest entities. All enterprises with variable interests in variable interest entities created after January 31, 2003 apply the provisions of FIN No. 46 to those entities immediately. A public entity with a variable interest in a variable interest entity created before February 1, 2003 applies the provisions of FIN No. 46 to that entity no later than the beginning of the first interim or annual reporting period beginning after June 15, 2003. In addition, FIN No. 46R delayed the effective date for application of FIN No. 46 by public companies, until periods ending after March 15, 2004 for all types of variable interest entities other than special-purpose entities. The adoption of FIN No. 46 did not have an effect on our results of operations, liquidity, or financial position.

#### (3) INVENTORIES

Inventories consist of the following:

	March 31, 2004	De	cember 31, 2003
Raw materials	\$ 8,407	\$	6,940
Work in process	843		914
Finished goods	18,413		18,674
	\$ 27,663	\$	26,528

#### (4) DEFINITE-LIVED INTANGIBLE ASSETS

The composition of the Company's definite-lived intangible assets is as follows:

	As of March 31, 2004				As of December 31, 2003	
	Carrying	Accumulated		Carrying	Accumulated	
	Amount	Amortization	Net	Amount	Amortization	Net
Acquired Distributor Networks	\$ 3,213	\$ 1,213	\$ 2,000	\$ 3,213	\$ 1,119	\$ 2,094

As of March 31, 2004, the Company determined that none of its intangible assets are impaired. Amortization expense for intangible assets for the three months ended March 31, 2004 was \$94. Estimated amortization expense for the remainder of 2004 and the five succeeding fiscal years is as follows:

	Estimated Amortization Expense
2004 (remainder)	\$ 243
2005	299
2006	299
2007	299
2008	299
Thereafter	561
	\$ 2,000

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#### (5) NET INCOME PER COMMON SHARE

Basic net income per common share "Basic EPS" is computed by dividing net income by the weighted-average number of common shares outstanding during the period. Diluted net income per common share "Diluted EPS" reflects the potential dilution that could occur if stock options or other contracts to issue common stock were exercised or converted into common stock. The computation of Diluted EPS does not assume exercise or conversion of common stock equivalents that would have an anti-dilutive effect on net income per common share. For periods in which the Company incurs losses, Diluted EPS does not assume the exercise or conversion of common stock equivalents.

As of March 31, 2004, the Company had a total of 2,608 common stock options outstanding. These options were granted at fair market value and have a weighted-average exercise price of \$8.38 per share.

The following is a reconciliation of the numerator and denominator of Basic EPS to the numerator and denominator of Diluted EPS for the three months ended March 31, 2004 and 2003.

	Net Income	Shares	Per Share
	(Numerator)	(Denominator)	Amount
Three Months Ended March 31, 2004			
Basic EPS	\$ 2,988	14,545	\$ 0.21
Effect of stock options	_	392	(0.01)
Diluted EPS	\$ 2,988	14,937	\$ 0.20

Three Months Ended March 31, 2003			
Basic EPS	\$ 1,604	14,898	\$ 0.11
Effect of stock options	_	193	_
Diluted EPS	\$ 1,604	15,091	\$ 0.11

For the three months ended March 31, 2004 and 2003, there were outstanding options to purchase 68 and 507 shares of common stock, respectively, that were not included in the computation of Diluted EPS, as their effect would have been anti-dilutive.

#### (6) EQUITY TRANSACTIONS

The Company has declared consecutive quarterly cash dividends since 1988. During the first quarter, the Company paid a dividend of 5 cents per common share on March 22, 2004 to shareholders of record on March 11, 2004.

For the three months ended March 31, 2004 and 2003, the Company repurchased 2 and 1,188 shares of its common stock at an average price per share of \$8.55 and \$8.91, respectively. For the three months

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ended March 31, 2004 and 2003, the Company issued 552,690 and 0 shares, respectively, of treasury stock upon the exercise of stock options at an average price of \$7.78. As of March 31, 2004, the Company has no current Board authorization to purchase additional common shares on the open market.

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#### (7) OPERATING LINE OF CREDIT

During 2002, the Company entered into an operating line of credit with an interest rate equal to LIBOR plus 1.5 percent, which provides for borrowings of up to \$15,000. Borrowings under this line of credit may be used to repurchase shares of the Company's outstanding common stock under Board-authorized repurchase programs as well as to fund working capital, capital expenditures, and related costs. The line of credit is unsecured and matures July 1, 2004. There were no outstanding borrowings under this line of credit at March 31, 2004. The line of credit contains various terms and conditions, including affirmative and negative financial covenants. As of March 31, 2004, the Company was in compliance with these covenants.

#### (8) ACCUMULATED OTHER COMPREHENSIVE LOSS

The composition of accumulated other comprehensive loss, net of tax, is as follows:

		Foreign Currency Translation Adjustments	Unrealized Gains On Available-For- Sale Securities	Total Accumulated Other Comprehensive Loss
Balance as of December 31, 2003	\$	(18,428)	\$ 169	\$ (18,259)
Period Change		(1,068)	17	(1,051)
Balance as of March 31, 2004	\$	(19,496)	\$ 186	\$ (19,310)
10	)	_		

#### (9) STOCK-BASED COMPENSATION

The Company accounts for stock-based compensation plans for employees and directors under Accounting Principles Board Opinion No. 25, under which no compensation cost has been recognized in the accompanying condensed consolidated statements of income (loss) for the three months ended March 31, 2004 and 2003. Had compensation cost been determined consistent with SFAS No. 123, "Accounting for Stock-Based Compensation", as amended by SFAS No. 148, the Company's net income and net income per share would have been reduced to the following pro forma amounts:

			Three Months Ended March 31,		
		200	04	2003	
Net Income	As reported	\$	2,988 \$	1,604	
	Stock option expense, net of related tax effects		(68)	(55)	
	Pro forma	\$	2,920 \$	1,549	
Basic Net Income Per Share	As reported	\$	0.21 \$	0.11	
	Stock option expense, net of related tax effects		(0.01)	(0.01)	
	Pro forma	\$	0.20 \$	0.10	
Diluted Net Income Per Share	As reported	\$	0.20 \$	0.11	
	Stock option expense, net of related tax effects		(0.01)	(0.01)	
	Pro forma	\$	0.19 \$	0.10	

#### (10) SEGMENT INFORMATION

The Company has five operating segments. These operating segments are components of the Company for which separate information is available that is evaluated regularly by management in deciding how to allocate resources and assess performance. The Company evaluates performance based on operating income.

The Company has four operating segments based on geographic operations, which includes a United States segment and three international segments (Latin America, Asia Pacific and Other regions) that operate under the Nature's Sunshine Products name. The Company's fifth operating segment operates under the Synergy Worldwide name. The segments have similar business characteristics and each offers similar products through similar methods of distribution. Inter-segment sales, eliminated in consolidation, are not material. The Company evaluates performance based on operating income (loss) by geographic segment before consideration of certain inter-segment transfers and expenses.

Operating segment information is as follows:

Ket Sales Revenue:         James Institute Sunshine Products:         Case Sales Revenue:           United States         \$ 3,598         \$ 36,98           International:         \$ 3,598         \$ 36,98           I Latin America         \$ 13,962         \$ 11,77           Asia Pacific         \$ 3,410         4 48           Other         \$ 13,164         1,6           Synergy Worldwide:         \$ 13,164         1,6           Synergy Worldwide:         \$ 4,806         3,4           United States         \$ 3,806         3,4           I Latin America         \$ 4,806         3,4           I Latin America         \$ 1,256         10,7           Asia Pacific         \$ 4,386         5,9           Other         \$ 9,050         7,0           Asia Pacific         \$ 6,088         5,8           Synergy Worldwide:         \$ 12,244         2,0           Operating Income (Loss):         \$ 1,000         2,0           Vinited States         \$ 1,000         2,0           Latin America         \$ 1,000         2,0           Latin America         \$ 1,000         2,0           Asia Pacific         \$ 1,000         2,0           Latin America			Months Ended March 31,
See Note 1)           Net Sales Revenue:           United States         \$ 35,978         \$ 36,98           International:         13,962         11,77           Asia Pacific         3,410         4,8           Other         10,382         7,4           Synergy Worldwide:         13,164         1,6           Synergy Worldwide:         31,164         1,6           Operating Expenses:         34,896         34,6           United States         34,896         34,6           International:         12,556         10,7           Asia Pacific         4,386         5,9           Other         9,050         7,0           Asia Pacific         4,386         5,9           Other         9,050         7,0           Asia Pacific         60,888         58,3           Synergy Worldwide:         12,404         2,0           Operating Income (Loss):         12,404         2,0           United States         1,082         2,3           International:         1,082         2,3           Latin America         1,086         1,0           Asia Pacific         9,76         1,0 <th></th> <th></th> <th></th>			
Nature's Sunshine Products:         \$ 35,978 \$ 36,98           United States         \$ 35,978 \$ 36,98           I Latin America         13,962 11,7           Asia Pacific         3,410 4,8           Other         10,382 7,4           Synergy Worldwide:         13,164 1.6           Synergy Worldwide:         76,896 62,6           Operating Expenses:           Nature's Sunshine Products:         34,896 34,6           United States         34,896 34,6           International:         12,556 10,7           Latin America         12,556 10,7           Asia Pacific         4,386 5,9           Other         9,050 7,0           Operating Income (Loss):         73,292 60,4           Synergy Worldwide:         1,404 2,0           Operating Income (Loss):         1,405 2,3           International:         1,406 1,0           Latin America         1,406 1,0           Asia Pacific         (976) (1,0           Asia Pacific         (976) (1,0           Asia Pacific         (976) (1,0           Other         1,332 4           Asia Pacific         (976) (1,0           Asia Pacific         (976) (1,0           Asia Pacific         (976)			
United States       \$ 35,978       \$ 36,90         International:       11,962       11,7         A sia Pacific       3,410       4,8         Other       10,382       7,4         Synergy Worldwide:       13,164       1,6         Synergy Worldwide:       13,164       1,6         Operating Expenses:       76,896       62,6         United States       34,896       34,6         International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,2404       2,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1       1,082       2,3         United States       1,082       2,3       1,082       2,3         International:       1       1,082       2,3       1,082       2,3         United States       1,082       2,3       2,3       4       4       2,0       6,0       4       4,0       6,0       8       6,0       8       6,0       1,0       2,0       2,0       1,0       6,0			
International:         13,962         11,7           Asia Pacific         3,410         4,8           Other         10,382         7,4           Synergy Worldwide:         63,732         61,0           Synergy Worldwide:         13,164         1,6           Operating Expenses:         76,896         62,6           United States         34,896         34,6           International:         12,556         10,7           Asia Pacific         4,386         5,9           Other         9,050         7,0           Operating Income (Loss):         60,888         58,3           Synergy Worldwide:         12,404         2,0           Operating Income (Loss):         73,292         60,4           United States         1,082         2,3           International:         1,082         2,3           Latin America         1,406         1,0           Asia Pacific         (976)         (1,0           Other         1,332         4           Synergy Worldwide:         760         (4           Synergy Worldwide:         760         (4           Synergy Worldwide:         760         (4           Other In	Nature's Sunshine Products:		
Latin America       13,962       11,7         Asia Pacific       3,410       4,8         Other       10,382       7,4         Synergy Worldwide:       63,732       61,0         Synergy Worldwide:       13,164       1,6         Operating Expenses:       8         Nature's Sunshine Products:       34,896       34,6         United States       34,896       34,6         International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1       1,082       2,3         United States       1,082       2,3         International:       1       1,06       1,0         Latin America       1,406       1,0         Asia Pacific       9,76       (1,0         Other       1,332       4         Synergy Worldwide:       7,60       4         Synergy Worldwide:       7,60       4         Synergy Worldwide: <td>United States</td> <td>\$ 35,9</td> <td>78 \$ 36,995</td>	United States	\$ 35,9	78 \$ 36,995
Asia Pacific       3,410       4,8         Other       10,382       7,4         63,732       51,0         Synergy Worldwide:       13,164       1,6         76,896       62,6         Operating Expenses:         Nature's Sunshine Products:         United States       34,896       34,6         International:       12,556       10,7         A sia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1       1,082       2,3         Latin America       1,082       2,3         A sia Pacific       (976)       (1,0         Other       1,332       4         Other       2,844       2,6         Synergy Worldwide:       7,60       4         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2			
Other         10,382         7,4           Synergy Worldwide:         13,164         1.6           13,164         1.6         1.6           Coperating Expenses:           Nature's Sunshine Products:           United States         34,896         34,80           International:         12,556         10,7           A sia Pacific         4,386         5,9           Other         9,050         7,0           60,888         58,3           Synergy Worldwide:         12,404         2,0           Operating Income (Loss):         73,292         60,4           United States         1,082         2,3           International:         1,406         1,0           Latin America         1,406         1,0           A sia Pacific         (976)         (1,0           Other         1,332         4           Synergy Worldwide:         1,332         4           Synergy Worldwide:         760         (4           Synergy Worldwide:         3,604         2,2           Other Income, net         3,604         2,2           Other Income, net         856         2	Latin America	13,9	62 11,729
Synergy Worldwide:       63,732       61,0         Synergy Worldwide:       13,164       1,6         Operating Expenses:       76,896       62,6         Nature's Sunshine Products:         United States       34,896       34,6         International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         Synergy Worldwide:       12,404       2,0         Synergy Worldwide:       73,292       60,4         Operating Income (Loss):       1,082       2,3         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,082       2,3         Latin America       1,406       1,0         Asia Pacific       976       (1,0         Other       1,332       2,4         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       2	Asia Pacific		
Synergy Worldwide:       13,164       1,6         Coperating Expenses:       Nature's Sunshine Products:         United States       34,896       34,86       34,86         International:       12,556       10,7         Asia Pacific       4,386       5,9       7,0         Other       9,050       7,0       60,88       58,3       58,3       8,3       8,3       8,3       8,3       8,3       9,0       7,0       60,4       2,0       60,4       2,0       60,4       2,0       60,4       2,0       60,4       2,0       60,4       1,0       1,0       2,3       1,0       2,3       1,0       2,3       1,0       1,0       2,0       2,0       1,0       2,0	Other	10,3	82 7,460
76,896       62,6         Operating Expenses:         Nature's Sunshine Products:         United States       34,896       34,6         International:         Latin America       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Latin America       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       44         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       22		63,7	32 61,025
Operating Expenses:         Nature's Sunshine Products:         United States       34,896       34,6         International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         Synergy Worldwide:       12,404       2,0         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1,082       2,3         International:       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       2	Synergy Worldwide:	13,1	64 1,638
Nature's Sunshine Products:         United States       34,896       34,6         International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         Synergy Worldwide:       12,404       2,0         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):       Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       2		76,8	96 62,663
United States       34,896       34,60         International:       12,556       10,7         A sia Pacific       4,386       5,9         Other       9,050       7,0         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         A sia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       7,60       (4         Synergy Worldwide:       76,0       (4         Other Income, net       856       22	Operating Expenses:		
International:       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Nature's Sunshine Products:		
Latin America       12,556       10,7         Asia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):       73,292       60,4         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       2		34,8	96 34,668
Asia Pacific       4,386       5,9         Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         Operating Income (Loss):         Nature's Sunshine Products:         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       760       (4         Other Income, net       856       2	International:		
Other       9,050       7,0         60,888       58,3         Synergy Worldwide:       12,404       2,0         73,292       60,4         Operating Income (Loss):         Nature's Sunshine Products:         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0)         Other       1,332       4         Synergy Worldwide:       760       (4         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Latin America	12,5	56 10,728
Synergy Worldwide:       60,888       58,3         Synergy Worldwide:       12,404       2,0         73,292       60,4         Operating Income (Loss):         Nature's Sunshine Products:       1,082       2,3         International:       1,406       1,0         Latin America       1,406       1,0         Asia Pacific       (976)       (1,0)         Other       1,332       4         Synergy Worldwide:       2,844       2,6         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Asia Pacific	4,3	86 5,931
Synergy Worldwide:       12,404       2,0         73,292       60,4         Operating Income (Loss):         Nature's Sunshine Products:         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0         Other       1,332       4         Synergy Worldwide:       2,844       2,6         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Other	9,0	
73,292     60,4       Operating Income (Loss):     Nature's Sunshine Products:       United States     1,082     2,3       International:     1,406     1,0       Asia Pacific     (976)     (1,0)       Other     1,332     4       Synergy Worldwide:     2,844     2,6       Synergy Worldwide:     3,604     2,2       Other Income, net     856     2		60,8	88 58,386
Operating Income (Loss):         Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0)         Other       1,332       4         Synergy Worldwide:       2,844       2,6         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Synergy Worldwide:	12,4	04 2,062
Nature's Sunshine Products:       1,082       2,3         United States       1,082       2,3         International:       1,406       1,0         Asia Pacific       (976)       (1,0)         Other       1,332       4         Synergy Worldwide:       2,844       2,6         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2		73,2	92 60,448
United States       1,082       2,3         International:       Latin America       1,406       1,0         Asia Pacific       (976)       (1,0)         Other       1,332       4         Synergy Worldwide:       2,844       2,6         Synergy Worldwide:       3,604       2,2         Other Income, net       856       2	Operating Income (Loss):		
International:       1,406       1,0         Latin America       (976)       (1,0)         Asia Pacific       1,332       4         Other       2,844       2,6         Synergy Worldwide:       760       (4         3,604       2,2         Other Income, net       856       2	Nature's Sunshine Products:		
Latin America     1,406     1,0       Asia Pacific     (976)     (1,0)       Other     1,332     4       Synergy Worldwide:     2,844     2,6       Synergy Worldwide:     760     (4       Other Income, net     856     2,2	United States	1,0	82 2,327
Asia Pacific       (976)       (1,0)         Other       1,332       4         2,844       2,6         Synergy Worldwide:       760       (4         3,604       2,2         Other Income, net       856       2	International:		
Other         1,332         4           2,844         2,6           Synergy Worldwide:         760         (4           3,604         2,2           Other Income, net         856         2	Latin America	1,4	06 1,001
Synergy Worldwide:     2,844     2,6       Synergy Worldwide:     760     (4       3,604     2,2       Other Income, net     856     2	Asia Pacific	(9	76) (1,090)
Synergy Worldwide:         760         (4           3,604         2,2           Other Income, net         856         2	Other	1,3	32 401
Other Income, net         3,604         2,2           856         2		2,8	2,639
Other Income, net 856 2	Synergy Worldwide:	7	60 (424)
Other Income, net 856 2		3,6	
	Other Income, net	8	
Ψ 1,100 Ψ 2,0	Income Before Provision for Income Taxes	\$ 4,4	60 \$ 2,508

Segment assets as of March 31, 2004 and December 31, 2003, are as follows:

		March 31, 2004	December 31, 2003
Assets:	_		
Nature's Sunshine Products:			
United States	\$	85,662	\$ 79,840
International:			
Latin America		28,944	27,358
Asia Pacific		7,766	7,720
Other		4,578	4,737
	_	126,950	119,655
Synergy Worldwide:		7,696	5,903
Total Assets	\$	134,646	\$ 125,558
	_		

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#### Item 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITIONAND RESULTS OF OPERATIONS

The following discussion should be read in conjunction with the interim financial information included in this Form 10-Q as well as the consolidated financial statements, the notes thereto, and management's discussion and analysis included in our Annual Report on Form 10-K for the year ended December 31, 2003.

#### SPECIAL NOTE REGARDING FORWARD-LOOKING STATEMENTS

The following Management's Discussion and Analysis of Financial Condition and Results of Operations and other sections of this Form 10-Q may contain forward-looking statements. Such forward-looking statements are made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Such statements may relate but not be limited to projections of revenues, income or loss, capital expenditures, plans for growth and future operations, financing needs, product liability claims and availability of insurance, as well as assumptions relating to the foregoing. Forward-looking statements are inherently subject to risks and uncertainties, some of which cannot be predicted or quantified. When used in "Management's Discussion and Analysis of Financial Condition and Results of Operations", and elsewhere in this Form 10-Q the words "estimates", "expects", "anticipates", "projects", "plans", "intends" and variations of such words and similar expressions are intended to identify forward-looking statements that involve risks and uncertainties. Future events and actual results could differ materially from those set forth in, contemplated by, or underlying the forward-looking statements. For factors which could affect such results, see the description of our business contained in our Annual Report on Form 10-K for the fiscal year ended December 31, 2003.

#### CRITICAL ACCOUNTING POLICIES

Revenue Recognition

We recognize sales revenue when products are shipped and title passes to our independent distributors. For most product sales, the sales price is received in the form

of cash or credit card payment, which accompanies or precedes the shipment of the orders. As products are shipped, persuasive evidence of an arrangement exists, delivery has occurred, the price to the buyer is fixed, and collectibility is reasonably assured. A reserve for product returns, which reduces revenue, is accrued based on historical experience. From time to time, our United States operation extends short-term credit associated with product promotions. For certain of our international operations, we offer credit terms consistent with industry standards within the country of operation. Amounts received for unshipped merchandise are not recognized as revenue but rather they are recorded as customer deposits and are included in accrued liabilities.

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#### Volume Incentives Accrual

We accrue for volume incentives expense associated with our net sales revenue. Volume incentives are a significant part of our direct sales marketing program and represent commission payments made to our independent Distributors and Managers. We specifically analyze volume incentives based on historical and current sales trends when evaluating the adequacy of the accrued volume incentives. We have re-evaluated our financial statement presentation of volume incentive payments made to our independent Distributors and Managers. These payments consist of (1) commissions paid for purchases made by the Distributors' and Managers' down-line organizations, and (2) rebates paid to Distributors and Managers for purchases of products for their own use or for resale. In accordance with EITF 01-9, we present the portion of volume incentive payments representing rebates as reductions to sales revenue rather than as operating expenses. As a result, we have reclassified the appropriate amounts for all periods presented in this Form 10-Q, including all segment data, by reducing sales revenue and volume incentives (operating expense) by equal amounts. These reclassifications had no effect on operating income, net income, or earnings per basic or diluted common shares.

#### Self-insurance Liabilities

We self-insure for certain employee medical and specific product liabilities. The recorded liabilities for self-insured risks are calculated using actuarial methods and are not discounted. The liabilities include amounts for actual claims and claims incurred but not reported. Actual experience, including claim frequency and severity as well as health care inflation, could result in actual liabilities being more or less than the amounts currently recorded.

#### Incentive Trip Accrual

We accrue for expenses of incentive trips associated with our direct sales marketing program, which rewards independent Distributors and Managers with paid attendance at our conventions and meetings. Expenses associated with incentive trips are accrued over qualification periods as they are earned. We specifically analyze incentive trip accruals based on historical and current sales trends as well as contractual obligations when evaluating the adequacy of the incentive trip accrual. Actual results could result in liabilities being more or less than the amounts recorded.

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#### RESULTS OF OPERATIONS

The following table identifies for the three-month periods (i) the relationship that net income items disclosed in the condensed consolidated financial statements have to total sales, and (ii) the amount and percent of change of such items compared to the corresponding prior period.

#### (Dollar Amounts in Thousands) (Unaudited)

	(i) Income and Exp Items as a Percent of		(ii) Three Months Ended March 31, 2004 to 2003		
	Three Months E	nded	Amount of	Percent of Change	
Income and Expense Items	March 31,	2003	Increase (Decrease)		
Net sales	100.0 %	100.0 % \$	14,233	22.7 %	
Cost of goods sold	19.9	20.8	2,285	17.6	
Volume incentives	38.3	36.1	6,866	30.4	
SG&A expenses	37.1	39.6	3,693	14.9	
Total operating expenses	95.3	96.5	12,844	21.2	
Operating income (loss)	4.7	3.5	1,389	62.7	
Other income (expense), net	1.1	0.6	563	192.2	
Income (loss) before provision for income taxes	5.8	4.1	1,952	77.8	
Provision (benefit) for income taxes	1.9	1.5	568	62.8	
Net income (loss)	3.9 %	2.6% \$	1,384	86.3 %	

#### Net Sales Revenue

Net sales revenue for the three months ended March 31, 2004 was \$76.9 million compared to \$62.7 million for the same period in the prior year, an increase of approximately 22.7 percent. The increase in net sales revenue for the three months ended March 31, 2004 reflects higher net sales revenue in our Synergy Worldwide and International operations due to increased volumes.

Net sales revenue in our United States operation for the three months ended March 31, 2004, was \$36.0 million, a decrease of approximately 2.8 percent, compared to the same period in the prior year.

Our international operations reported net sales revenue of \$27.8 million for the three months ended March 31, 2004, an increase of approximately 15.5 percent, compared to the same period in the prior year.

Net sales revenue in Latin America was \$14.0 million for the three months ended March 31, 2004, an increase of 19.0 percent, compared to the same period in the prior year. The sales revenue increase experienced in Latin America was primarily due to increased net sales revenue in Venezuela, Mexico and Central America.

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Net sales revenue in Asia Pacific was \$3.4 million for the three months ended March 31, 2004, a decrease of 29.6 percent, compared to the same period in the prior year. The sales revenue decline for the three months ended March 31, 2004 was primarily the result of continued sales revenue decreases experienced by South Korea due to increased competition.

Net sales revenue in our Other markets was \$10.4 million for the three months ended March 31, 2004, an increase of 39.2 percent, compared to the same period in the prior year. The growth in net sales revenue experienced in our Other markets is primarily due to the positive results of our operations in the Russian Federation, Israel, Canada and the United Kingdom.

Net sales revenue in Synergy Worldwide was \$13.2 million for the three months ended March 31, 2004, compared to \$1.6 million for the same period of the prior year. Synergy Worldwide has international operations in Japan, Thailand, and Taiwan.

Our independent sales force consists of Managers and Distributors. A Distributor interested in earning additional income by committing more time and effort to selling our products may attain the rank of "Manager". Appointment as a Manager is dependent upon attaining certain volume levels and demonstrating leadership abilities. The number of Managers as of March 31, 2004, was approximately 17,800 compared to approximately 15,150 as of December 31, 2003. The number of Distributors at March 31, 2004, was approximately 582,000 compared to approximately 562,000 as of December 31, 2003. Our Synergy division and Russian operations account for the majority of the increase in Managers and Distributors since December 31, 2003 due to favorable sales trends in recent months.

#### Cost of Goods Sold

For the three months ended March 31, 2004, cost of goods sold decreased slightly, as a percent of net sales revenue, compared to the same period in the prior year. We expect cost of goods sold to decrease slightly, as a percent of net sales revenue during the remainder of 2004 compared to the three months ended March 31, 2004 due to the price increase we implemented in the United States market effective April 1, 2004 and also due to the expected stabilization or strengthening of certain foreign currencies.

#### Volume Incentives

Volume incentives are commissions paid to independent sales force members for reaching certain levels of net sales revenue performance and organizational development and are an integral part of our direct sales marketing program. Volume incentives vary slightly, on a percentage basis, by product due to our pricing policies and commission plans in place in our international operations. For the three months ended March 31, 2004, volume incentives, as a percent of net sales, increased compared to the same periods in the prior year primarily as a result of the increase in the Synergy Worldwide net sales revenue where volume incentives are slightly higher. We expect volume incentives to increase slightly, as a

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percent of net sales, during the remainder of 2004 compared to the three months ended March 31, 2004 as a result of anticipated increases in net sales revenue from Synergy Worldwide.

We re-evaluated our financial statement presentation of volume incentive payments made to our independent Distributors and Managers during the year ended December 31, 2003. These payments consist of (1) commissions paid for purchases made by the Distributors' and Managers' down-line organizations, and (2) rebates paid to Distributors and Managers for purchases of products for their own use or for resale. In accordance with EITF 01-9, we determined to present the portion of volume incentive payments representing rebates as reductions to sales revenue rather than as operating expenses. As a result, we have reclassified the appropriate amounts for all periods presented in this Form 10-Q, including all quarterly and segment data, by reducing sales revenue and volume incentives (operating expense) by equal amounts. These reclassifications had no effect on operating income (loss), net income (loss), or earnings per basic or diluted common share.

#### Selling, General and Administrative

Selling, general and administrative expenses for the three months ended March 31, 2004, increased \$3.7 million, compared to the same period of the prior year primarily as a result of increased selling, general and administrative expenses associated with the expansion of Synergy Worldwide. Selling, general and administrative expenses as a percent of net sales revenue were 37.1 percent compared to 39.6 percent for the same period in the prior year, a decrease of 6.3 percent. For the remaining quarters of 2004, we expect selling, general and administrative expenses, as a percent of net sales, to decrease as compared to the three months ended March 31, 2004, as a result of benefits from cost controls implemented during the quarter ended September 30, 2003.

#### Other Income (Expense)

Other income (expense) for the three months ended March 31, 2004, increased \$0.6 million, compared to the same period of the prior year primarily due to foreign exchange gains in certain markets.

#### Income Tax

The effective income tax rate for the three months ended March 31, 2004, was approximately 33.0 percent. For the balance of the year ending December 31, 2004, management expects the effective income tax rate to remain relatively constant.

#### **Product Liability**

Similar to other manufacturers and distributors of products that are ingested, we face an inherent risk of exposure to product liability claims in the event that, among other things, the use of our products results in injury. As a result of increased regulatory scrutiny of products that contain ephedrine alkaloids and kava, we have not been able to obtain product liability insurance covering such products. However, effective April 12, 2004, we complied with the U.S. Food and Drug Administrations ban on the ingredient

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ephedra. During the year ended December 31, 2003, less than 2 percent of our products contained some amount of ephedrine alkaloids and kava. On June 1, 2003, we established a wholly owned captive insurance company to provide us with product liability insurance coverage. We have accrued an amount using the assistance of a third party actuary that we believe is sufficient to cover probable and reasonably estimable liabilities related to product liability claims based on our history of such claims. However, there can be no assurance that these estimates will prove to be sufficient nor can there be any assurance that the ultimate outcome of any litigation for product liability will not have a material negative impact on our financial position, results of operations or liquidity.

We self-insure for certain employee medical and product liabilities. The recorded liabilities for self-insured risks are calculated using actuarial methods and are not discounted. The liabilities include amounts for actual claims and claims incurred but not reported. Actual experience, including claim frequency and severity as well as health care inflation, could result in actual liabilities being more or less than the amounts currently recorded.

#### **Segment Information**

#### **Balance Sheet**

#### **Accounts Payable**

Accounts payable increased \$2.9 million as of March 31, 2004, compared to December 31, 2003 as a result of timing of ordering and on going payments for inventory and normal operating expenses.

#### Accrued Volume Incentives

Accrued volume incentives increased \$3.5 million as of March 31, 2004, compared to December 31, 2003 as a result of increases in net sales revenue during the month ended March 31, 2004.

#### Accrued Liabilities

Accrued liabilities increased approximately \$1.9 million as of March 31, 2004 compared to December 31, 2003, as a result of the timing of incentive trip accruals associated with our direct sales marketing program, which rewards independent Distributors and Managers with paid attendance at our conventions.

#### LIQUIDITY AND CAPITAL RESOURCES

Cash and cash equivalents increased approximately \$4.5 million as of March 31, 2004 compared to December 31, 2003. The increase in cash and cash equivalents is primarily the result of cash provided by operating activities of \$9.0 million and proceeds of \$4.3 million from the exercise of stock options. These cash inflows were offset, in part by the payment of \$5.0 million associated with our operating line of credit, \$1.2 for the purchase of long term investments and \$1.1 million for the purchase of property, plant and equipment.

We believe that working capital requirements can be met for the foreseeable future through our available cash and cash equivalents, cash generated from operating activities, and borrowings from our operating line of credit; however, a prolonged economic downturn or a decrease in the demand for our products could adversely affect our long-term liquidity. In the event of a significant decrease in cash provided by operating activities, it might be necessary for us to obtain additional external sources of funding.

During 2002, the Company entered into an operating line of credit with an interest rate equal to LIBOR plus 1.5 percent, which provides for borrowings of up to \$15.0 million. Borrowings under this line of credit may be used to repurchase common shares of the Company's outstanding stock under Board-authorized repurchase programs as well as to fund working capital, capital expenditures, and related costs. The line of credit is unsecured and matures July 1, 2004. There were no outstanding borrowings under this line of credit at March 31, 2004. The line of credit contains various terms and conditions, including affirmative and negative financial covenants. As of March 31, 2004, the Company was in compliance with these covenants.

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#### **Legal Proceedings**

We are a defendant in various lawsuits which are incidental to our business. After consultation with legal counsel, we believe that the ultimate disposition of these matters will not have a material adverse effect upon our consolidated results of operations, financial position, or liquidity.

#### Item 3. QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK

We conduct our business in several countries and intend to continue to expand our foreign operations. Net sales revenue, operating income and net income are affected by fluctuations in currency exchange rates, interest rates and other uncertainties inherent in doing business and selling product in more than one currency. In addition, our operations are exposed to risks associated with changes in social, political and economic conditions inherent in foreign operations, including changes in the laws and policies that govern foreign investment in countries where we have operations as well as, to a lesser extent, changes in United States laws and regulations relating to foreign trade and investment.

#### Foreign Currency Risk

During the three months ended March 31, 2004, approximately 38.4 percent of our revenue and 34.0 percent of our expenses were realized outside of the United States. Inventory purchases are transacted primarily in U.S. dollars from vendors located in the United States. The local currency of each international subsidiary is considered its functional currency, and all sales and expenses are translated at average exchange rates for the reported periods. Therefore, our operating results generally will be positively impacted by a weakening of the U.S. dollar and will be negatively impacted by a strengthening of the U.S. dollar. Given the uncertainty of exchange rate fluctuations, we cannot estimate the effect of these fluctuations on our future business, product pricing, results of operations or financial condition. Changes in currency exchange rates affect the relative prices at which we sell our products. We regularly monitor our foreign currency risks and periodically take measures to reduce the risk of foreign exchange rate fluctuations on our operating results. We do not use derivative instruments for hedging, trading or speculating on foreign exchange rate fluctuations.

The following table sets forth average currency exchange rates of one U.S. dollar into local currency for each of the countries in which net sales revenue exceeded \$10.0 million during any of the previous two years.

Three months ended March 31,	2004	2003
Mexico	11.0	10.8
South Korea	1,172.3	1,200.5
Venezuela	1,773.1	1,677.9
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#### Interest Rate Risk

We have investments included in cash and cash equivalents and long term investments, which by nature are subject to market risk. At March 31, 2004, we had investments totaling \$12.0 million of which \$9.3 million were held as municipal obligations, carry an average fixed interest rate of 5.1 percent and mature over a five-year period. A hypothetical one percent change in interest rates would not have a material affect on our liquidity, financial position, or results of operations. Our remaining investments of \$2.7 million are not subject to interest rate risk but by their nature are subject to market risk.

The Company's line of credit carries a variable interest rate. As of March 31, 2004, the Company had no borrowings on this line. The Company does not hedge

against changes in interest rates. An increase in the effective interest rate of 1.0 percent would increase interest expense by \$10,000 for every \$1.0 million that the Company had outstanding on its line of credit for a full year.

#### Item 4. DISCLOSURE CONTROLS AND PROCEDURES

- (a) Evaluation of disclosure controls and procedures. Our management, under the supervision and with the participation of the Chief Executive Officer and Chief Financial Officer, have evaluated the effectiveness of our controls and procedures related to our reporting and disclosure obligations as of March 31, 2004, which is the end of the period covered by this Quarterly Report on Form 10-Q. Based on that evaluation, the Chief Executive Officer and Chief Financial Officer have concluded that these disclosure controls and procedures are sufficient to provide that (a) material information relating to us, including our consolidated subsidiaries, is made known to these officers by other employees of us and our consolidated subsidiaries, particularly material information related to the period for which this periodic report is being prepared; and (b) this information is recorded, processed, summarized, evaluated and reported, as applicable, within the time periods specified in the rules and forms of the Securities and Exchange Commission.
- (b) Changes in internal controls. There were no changes that occurred during the fiscal quarter covered by this Quarterly Report on Form 10-Q that have materially affected, or are reasonable likely to materially affect, our internal controls over financial reporting.

#### PART II OTHER INFORMATION

#### Item 2. CHANGES IN SECURITIES, USE OF PROCEEDS AND ISSUER PURCHASES OF EQUITY SECURITIES.

				(c) Total Number	(d) Maximum
				of Shares	Number (or of
				Purchased as Part	Shares that May
	(a) Total Number			of Publicly	Yet Be Purchased
	of Shares	(	(b) Average Price	Announce Plans	Under the Plans or
Period	Purchased		Paid Per Share	or Programs	Programs
January 1 to January 31, 2004	_		_	_	_
February 1 to February 29, 2004	2,000(1)	\$	8.55	_	_
March 1 to March 31, 2004	<u> </u>		_		<u> </u>
Total	2,000	\$	8.55		<u> </u>

<sup>(1)</sup> The shares were purchased from a former employee under terms of a prior agreement.

#### Item 6. EXHIBITS AND REPORTS ON FORM 8-K

a)	Exhibits

31.1 Rule 13a 14(a) and 15d - 14(a) Certification of Chief Executive Officer

Rule 13a – 14(a) and 15d – 14(a) Certification of Chief Financial Officer 31.2

32.1 Certification of Chief Executive Officer pursuant to section 906 of the Sarbanes-Oxley Act of 2002 32.2

Certification of Chief Financial Officer pursuant to section 906 of the Sarbanes-Oxley Act of 2002

Reports on Form 8-K

The Registrant filed the following Current Reports on Form 8-K during the last quarter of the period covered by this report:.

- a. On February 25, 2004, the Registrant furnished a Form 8-K under Items 7 and 12 with respect to its financial results for the year ended December 31, 2003.
- On March 1, 2004, the Registrant filed a Form 8-K under Items 5 and 7 to report its quarterly cash dividend.

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#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Date: May 6, 2004 /s/ Douglas Faggioli Douglas Faggioli, President & Chief Executive Officer Date: May 6, 2004 /s/ Craig D. Huff Craig D. Huff, Executive Vice President, Chief Financial Officer & Treasurer

#### CERTIFICATIONS

#### I, DOUGLAS FAGGIOLI, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Nature's Sunshine Products, Inc.;
- Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this quarterly report;
- Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) for the registrant and have:
  - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
  - (b) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (c) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting.
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
  - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 6, 2004 \( \frac{\s/\ Douglas Faggioli}{\text{President & Chief Executive Officer}} \)

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#### I, CRAIG D. HUFF, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Nature's Sunshine Products, Inc.;
- Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this quarterly report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) for the registrant and have:
  - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
  - (b) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
  - (c) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting.
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
  - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
  - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 6, 2004 /s/ Craig D. Huff

Executive Vice President, Chief Financial Officer & Treasurer

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#### CERTIFICATION OF CHIEF EXECUTIVE OFFICER

- I, Douglas Faggioli, COO & Chief Executive Officer of Nature's Sunshine Products, Inc. (the "Registrant"), do hereby certify in accordance with 18 U.S.C. 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that, based on my knowledge:
  - (1) the Quarterly Report on Form 10-Q of the Registrant, to which this certification is attached as an exhibit (the "Report"), fully complies with the requirements of Section 13(a) of the Securities Exchange Act of 1934 (15 U.S.C. 78m); and
  - (2) the information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Registrant.

Date: May 6, 2004  $\frac{\text{/s/ Douglas Faggioli}}{\text{Douglas Faggioli}}$ 

President & Chief Executive Officer

A signed original of this written statement required by Section 906 has been provided to Nature's Sunshine Products, Inc. and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.

#### CERTIFICATION OF CHIEF FINANCIAL OFFICER

I, Craig D. Huff, Executive Vice-President, Chief Financial Officer & Treasurer of Nature's Sunshine Products, Inc. (the "Registrant"), do hereby certify in accordance with 18 U.S.C. 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that, based on my knowledge:

- (1) the Quarterly Report on Form 10-Q of the Registrant, to which this certification is attached as an exhibit (the "Report"), fully complies with the requirements of Section 13(a) of the Securities Exchange Act of 1934 (15 U.S.C. 78m); and
- (2) the information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Registrant.

/s/ Craig D. Huff Craig D. Huff Date: May 6, 2004

Executive Vice President, Chief Financial Officer & Treasurer

A signed original of this written statement required by Section 906 has been provided to Nature's Sunshine Products, Inc. and will be retained by the Company and furnished to the Securities and Exchange Commission or its staff upon request.