SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Amendment No. 1 to SCHEDULE TO

Tender Offer Statement Under Section 14(d)(1) or 13(e)(1) of the Securities Exchange Act of 1934

NATURE'S SUNSHINE PRODUCTS, INC.

(Name of Subject Company (issuer))

NATURE'S SUNSHINE PRODUCTS, INC., as Offeror

(Names of Filing Persons (identifying status as offeror, issuer or other person))

COMMON STOCK, WITHOUT PAR VALUE

(Title of Class of Securities)

639027101

(CUSIP Number of Class of Securities)

Craig D. Huff
Vice President of Finance, Treasurer,
Chief Financial Officer and Chief Accounting Officer
75 East 1700 South
Provo, Utah 84606
(801) 342-4300

(Name, address and telephone number of persons authorized to receive notices and communications on behalf of filing persons)

Copies to:

Justin P. Klein Ballard Spahr Andrews & Ingersoll, LLP 1735 Market Street, 51st Floor Philadelphia, Pennsylvania 19103 (215) 665-8500

CALCULATION OF FILING FEE

Transaction Valuation(1)

\$11,125,000

\$1,310

- Estimated for purposes of calculating the amount of the filing fee only, this amount is based on the purchase of 500,000 shares of common stock at the maximum tender
 offer price of \$22.25 per share.
- (2) The amount of the filing fee is calculated in accordance with Rule 0-11 of the Securities Exchange Act of 1934, as amended.
- Check the box if any part of the fee is offset as provided by Rule 0-11(a)(2) and identify the filing with which the offsetting fee was previously paid. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

Amount Previously Paid: \$1,310
Form or Registration No.: Schedule TO
Filing Party: Nature's Sunshine Products, Inc.

Date Filed: August 5, 2005

- ☐ Check the box if the filing relates solely to preliminary communications made before the commencement of a tender offer.
 - Check the appropriate boxes to designate any transactions to which the statement relates:
- □ third-party tender offer subject to Rule 14d-1.

×	issuer tender offer subject to Rule 13e-4.				
	going-private transaction subject to Rule 13e-3.				
	amendment to Schedule 13D under Rule 13d-2.				
	Check the following box if the filing is a final amendment reporting the results of the tender offer: \Box				

This Amendment No. 1 amends and supplements the Tender Offer Statement on Schedule TO originally filed with the Securities and Exchange Commission by Nature's Sunshine Products, Inc. (the "Company") on August 5, 2005 pursuant to Section 13(e) of the Securities Exchange Act of 1934, as amended, in connection with its offer to purchase up to 500,000 shares of its outstanding common stock, no par value per share, upon the terms and subject to the conditions set forth in the Offer to Purchase dated August 5, 2005 (the "Offer to Purchase") and in the related Letter of Transmittal, which are Exhibit (a)(1) and Exhibit (a)(2) to this Schedule TO, respectively.

The information in the Offer to Purchase and the related Letter of Transmittal is incorporated in this Amendment No. 1 by reference in response to all of the applicable items in Schedule TO, except that such information is hereby amended and supplemented to the extent specifically provided herein.

Items 1 through 11

Items 1 through 11 of the Schedule TO, which incorporate by reference the information contained in the Offer to Purchase and the Letter of Transmittal, copies of which were filed with the original Schedule TO as Exhibits (a)(1) and (a)(2), respectively, are hereby amended as follows:

- (1) After the second paragraph on page 25 of the Offer to Purchase in "Section 10. Certain Information Concerning Nature's Sunshine," the following heading and sentence is hereby inserted, "Accounting Treatment. The Company will record the tender offer transaction on its balance sheet as an addition to treasury stock."
- (2) The last sentence in the first paragraph on page 6 of the Offer to Purchase under the heading "Forward Looking Statements" is hereby deleted.
- (3) The first bullet point under the question "Are there any conditions to the tender offer?" on page 2 of the Offer to Purchase is hereby amended by replacing the phrase "could adversely effect" with "adversely affect."
- (4) The second bullet point under the question "Are there any conditions to the tender offer?" on page 2 of the Offer to Purchase is hereby amended by (i) replacing the phrase "shall have been threatened" with "shall be", and (ii) replacing the word "might" with "would."
- (5) The fourth bullet point under the question "Are there any conditions to the tender offer?" on page 2 of the Offer to Purchase is hereby amended by deleting the phrase "or propose to acquire."
- (6) The sixth bullet point under the question "Are there any conditions to the tender offer?" on page 3 of the Offer to Purchase is hereby amended by deleting the word "prospects."
- (7) The first bullet point under "Section 7. Conditions of the Tender Offer" on page 21 of the Offer to Purchase is hereby amended by replacing the phrase "might adversely affect" in the sixth line with "adversely affects."
- (8) The second bullet point under "Section 7. Conditions of the Tender Offer" on page 21 of the Offer to Purchase is hereby amended by (i) deleting the phrase "or been threatened" in the second line, (ii) adding the word "or" before "results" and deleting "or prospects" in the third line, (iii) replacing the word "may" in the fifth line with "would", and (iv) replacing the word "may" in the sixth line with "would."
- (9) The fourth bullet point under "Section 7. Conditions of the Tender Offer" on page 22 of the Offer to Purchase is hereby amended by (i) deleting the word "threatened" in the first line, (ii) deleting the words "or might" in the eleventh line, (iii) adding the word "or" before "results" and deleting "or prospects" in the thirteenth line, and (iv) replacing the word "might" in the second to last line with "would."
- (10) The fifth bullet point under "Section 7. Conditions of the Tender Offer" on page 22 of the Offer to Purchase is hereby amended by (i) deleting the words "or might" in the seventh line,

- and (ii) adding the word "or" before "results" and deleting "or prospects" in the second to last line.
- (11) Item number (1) under the seventh bullet point under "Section 7. Conditions of the Tender Offer" on page 22 of the Offer to Purchase is hereby amended by deleting the phrase "or proposes to acquire" in the second line.
- (12) The tenth bullet point under "Section 7. Conditions of the Tender Offer" on page 23 of the Offer to Purchase is hereby amended by replacing the word "may" in the first line with "would."
- (13) On pages 5 and 6 of the Letter of Transmittal, the phrase "The undersigned understands that," is hereby deleted from: (1) the first sentence in the fifth paragraph on page 5; (2) the first sentence in the seventh paragraph beginning on page 5; (4) the last sentence in the seventh paragraph beginning on page 5.
- (14) In the first complete sentence on page 6 of the Letter of Transmittal, the word "that," as it appears after "and" and before "Nature's Sunshine," is deleted.
- (15) The phrase "The undersigned recognizes that," is hereby deleted from the last sentence in the first full paragraph on page 6 of the Letter of Transmittal.

SIGNATURE

After due inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

NATURE'S SUNSHINE PRODUCTS, INC.

/s/ CRAIG HUFF

Name:

Craig Huff Vice President of Finance, Treasurer, Chief Financial Officer and Chief Accounting Officer Title:

Date: August 25, 2005

QuickLinks

SIGNATURE

August 25, 2005

Via EDGAR, Facsimile and FedEx

United States Securities and Exchange Commission Division of Corporation Finance 450 Fifth Street, N.W. Mail Stop 0309 Washington, D.C. 20549 Attention: Jeffrey B. Werbitt

Jeffrey B. Werbitt Attorney Advisor

Office of Mergers & Acquisitions

Re: Nature's Sunshine Products, Inc. Schedule TO Filed on August 5, 2005 File No. 005-32703

Dear Mr. Werbitt:

This letter responds to the Staff's comment letter dated August 19, 2005 to Craig D. Huff, Chief Financial Officer of Nature's Sunshine Products, Inc. (the "Company"), regarding the above-captioned Schedule TO (the "Schedule TO"). The purpose of this response letter is to address, on behalf of the Company, the comments related to the Schedule TO. For your convenience, each of the Staff's comments with respect to the Schedule TO has been reproduced, followed by the Company's response to such comment.

General

1. Please provide a brief statement as to the accounting treatment of the transaction. To the extent that you believe that this disclosure is not material, please advise See Item 1004(a)(1)(xi) of Regulation M-A.

RESPONSE: We have revised the Schedule TO in response to the Staff's comment. Please see numbered paragraph one of Amendment No. 1 to the Schedule TO, filed August 25, 2005 ("Amendment No. 1").

Offer to Purchase

Forward Looking Statements, page 6

2. Refer to the last sentence in this section. This disclaimer of any obligation to update forward-looking statements appears to be inconsistent with your obligation under Rules 13e-4(c)(3) and 13e-4(e)(3) to amend the Schedule to reflect material changes in the information previously disclosed. Please revise.

RESPONSE: We have revised the Schedule TO in response to the Staff's comment. Please see numbered paragraph two of Amendment No. 1.

Section 7. Conditions of the Offer, page 21

3. A tender offer may be conditioned on a variety of events and circumstances, provided that they are not within the direct or indirect control of the bidder and are drafted with sufficient specificity to allow security holders to objectively verify whether the conditions have been satisfied. Please generally revise to narrow your conditions. For example, but without limitation, some of your

conditions refer to "threatened" actions and other conditions refer to actions and events that "may" or "might" occur. These conditions appear to contain excessive subjective elements and should be revised accordingly.

RESPONSE:

We have revised the Schedule TO in response to the Staff's comment. Please see numbered paragraphs three through twelve of Amendment No. 1.

Letter of Transmittal

4. We note your request that the security holder acknowledge that they "understand" certain terms of the Offer. It is not appropriate to require security holders to attest to the fact that they "understand" the terms of the offer as such language may effectively operate as a waiver of liability. Please delete this and other similar language throughout these materials. To the extent that you have already circulated the Letter of Transmittal to security holders, please confirm that you will not utilize the referenced language set forth in this form as a waiver of liability against security holders.

RESPONSE:

We have revised the Letter of Transmittal in response to the Staff's comment. Please see numbered paragraphs thirteen through fifteen of Amendment No. 1. We also confirm to the Staff that the Company will not utilize the referenced language set forth in the Letter of Transmittal already circulated to security holders as a waiver of liability against security holders.

In addition, included as *Attachment A* to this letter is written statement from the Company acknowledging that (i) the Company is responsible for the adequacy and accuracy of the disclosure in the filings; (ii) staff comments or changes to disclosure in response to staff comments in the filings reviewed by the staff do not foreclose the Commission from taking any action with respect to the filing; and (iii) the Company may not assert staff comments as a defense in any proceeding initiated by the Commission or any person under the federal securities laws of the United States.

Please direct any questions or comments to me at (215) 864-8606.

Sincerely,

/s/ JUSTIN P. KLEIN Justin P. Klein

ce: Douglas Faggioli Craig Huff

Attachment A

Nature's Sunshine Products, Inc.

75 East 1700 South Provo, Utah 84606

Nature's Sunshine Products, Inc., a Utah corporation (the "Company"), hereby acknowledges, through its Executive Vice President, Vice President of Finance and Chief Financial Officer, that:

- the Company is responsible for the adequacy and accuracy of the disclosure in its Schedule TO filed August 5, 2005 (File No. 005-32703) and all exhibits and amendments thereto (the "Filing");
- comments from the staff of the U.S. Securities and Exchange Commission (the "Commission") or changes to disclosure in response to staff comments do not foreclose the Commission from taking any action with respect to the Filing; and
- the Company may not assert staff comments as a defense in any proceeding initiated by the Commission or any person under the federal securities laws of the United States.

IN WITNESS WHEREOF, the Company, through the undersigned, has signed this certificate on this 25th day of August, 2005.

NATURE'S SUNSHINE PRODUCTS, INC.

by /s/ CRAIG D. HUFF

Name: Craig D. Huff

Title: Executive Vice President, Vice President of Finance

and Chief Financial Officer