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**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**FORM 11-K**

**ANNUAL REPORT**

- Annual Report Pursuant to Section 15(d) of the Securities Exchange Act of 1934**
- Transition Report Pursuant to Section 15(d) of the Securities Exchange Act of 1934**

For the Plan Year Ended December 31, 2002

**Nature's Sunshine Products, Inc.**  
**Tax Deferred Retirement Plan**

(Full Title of the Plan)

Commission File No. 0-8707

**Nature's Sunshine Products, Inc.**

(Name of Issuer of the Securities Held Pursuant to the Plan)

75 East 1700 South

P.O. Box 19005

Provo, UT 84605-9005

(Address of Principal Executive Office)

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Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the plan) have duly caused this annual report to be signed by the undersigned thereunto duly authorized.

Date: June 11, 2003

Nature's Sunshine Products  
Tax Deferred Retirement Plan

By: /s/ DOUGLAS FAGGIOLI

Chief Operating Officer

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**NATURE'S SUNSHINE PRODUCTS, INC.**  
**TAX DEFERRED RETIREMENT PLAN**

**FINANCIAL STATEMENTS AND REPORT**  
**OF INDEPENDENT CERTIFIED**  
**PUBLIC ACCOUNTANTS**

**DECEMBER 31, 2002 AND 2001**

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**REPORT OF INDEPENDENT  
CERTIFIED PUBLIC ACCOUNTANTS**

Plan Administrator and Trustee  
Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan

We have audited the accompanying statements of net assets available for benefits of Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan (the Plan), as of December 31, 2002 and 2001, and the related statement of changes in net assets available for benefits for the year ended December 31, 2002. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the net assets available for benefits of Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan as of December 31, 2002 and 2001, and the changes in net assets available for benefits for the year ended December 31, 2002 in conformity with accounting principles generally accepted in the United States of America.

Our audits were made for the purpose of forming an opinion on the basic financial statements taken as a whole. The supplemental schedule of assets held for investment purposes is presented for the purpose of additional analysis and is not a required part of the basic financial statements, but is supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. This supplemental schedule is the responsibility of the Plan's management. The supplemental schedule has been subjected to the auditing procedures applied in the audits of the basic financial statements and, in our opinion, is fairly stated in all material respects in relation to the basic financial statements taken as a whole.

/s/ GRANT THORNTON LLP

Provo, Utah  
April 11, 2003

**FINANCIAL STATEMENTS**

**Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan  
STATEMENTS OF NET ASSETS AVAILABLE FOR BENEFITS  
December 31,**

	2002	2001
<b>Assets</b>		
Cash	\$ 14,339	\$ 433
Investments, at fair value (Note D)	18,086,869	20,300,540
Other receivable	1,419	—
Contributions receivable		
Participants	40,427	39,549
Employer	32,951	32,490
	18,176,005	20,373,012
Total assets		
Liabilities—payables	9,924	8,915
	18,166,081	20,364,097
Net assets available for benefits	\$ 18,166,081	\$ 20,364,097

**Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan**

**STATEMENT OF CHANGES IN NET ASSETS AVAILABLE  
FOR BENEFITS**

**Year ended December 31, 2002**

Additions to net assets attributed to Interest and dividend income	\$	351,580
Contributions		
Participants' salary deferrals		1,150,970
Employer		889,493
		<hr/>
Total additions		2,392,043
		<hr/>
Deductions from net assets attributed to		
Benefits paid to participants		635,320
Net depreciation in fair value of investments (Note D)		3,954,739
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Total deductions		4,590,059
		<hr/>
Net decrease		(2,198,016)
Net assets available for benefits at beginning of year		20,364,097
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Net assets available for benefits at end of year	\$	18,166,081
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The accompanying notes are an integral part of this statement.

**Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan**

**NOTES TO FINANCIAL STATEMENTS**

**December 31, 2002 and 2001**

**NOTE A—DESCRIPTION OF PLAN**

The following description of the Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan (the Plan) provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

*General*

Nature's Sunshine Products, Inc. (the Company) adopted the Plan effective October 13, 1986. The Plan is a defined contribution plan, which was established to provide employees with an opportunity to accumulate funds for retirement or disability and to provide death benefits for employees' dependents and beneficiaries. The Plan is subject to the Employee Retirement Income Security Act of 1974, as amended, (ERISA). Effective December 28, 1994, the Company amended and restated the Plan to comply with the Tax Reform Act of 1986. Effective October 18, 1999, the Company restated the Plan in conjunction with a change of third party administrators.

*Eligibility*

Employees of the Company who are 18 years of age are eligible to participate in the Plan immediately upon hire. Each eligible employee is required to make an election in order to actively participate in the Plan.

*Contributions*

Eligible participants may contribute annually up to \$11,000 in 2002 and \$10,500 2001. Participants elect both the amount of salary deferral contributions and the allocation of the salary deferral contributions among the various participant-directed investment funds available within the Plan. Salary deferral contributions cannot exceed 10 percent of a participant's gross compensation subject to the limits of ERISA. Participants are 100 percent vested at all times in their salary deferral contributions and related earnings. The Company remits each participant's salary deferral contribution to the Plan on a biweekly basis. Participants may not make voluntary contributions to the Plan other than through salary deferral contributions, however, eligible participants are allowed to make catch-up contributions according to the Plan.

The Company may make matching contributions at its discretion which are allocated to participants on a pro rata basis based on the ratio of their compensation for the year to total compensation for all participants. During 2002 and 2001, the Company matched employee contributions at a rate of 100 percent of such contributions up to a maximum

of five percent of the employee's gross compensation.

The Company may also make additional contributions to the Plan at its discretion. The amount contributed annually is determined by the Board of Directors of the Company. No such additional contributions were made to the Plan during 2002.

#### *Vesting*

Vesting in Company contributions occurs upon (1) completion of three years of service with the Company, (2) attaining the Plan's normal retirement age of 59½, (3) death, or (4) disability.

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#### *Payment of benefits*

Benefits are normally paid upon retirement, death, disability, or other termination and may be paid in lump sums, installments over a designated period, or rolled over into an IRA or other retirement plan. Participants may withdraw funds from the Plan while actively employed for hardships subject to specific restrictions set forth in the Plan agreement.

#### *Termination of the Plan*

Although it has not expressed any intent to do so, the Company may terminate the Plan at any time subject to the provisions of the Employee Retirement Income Security Act of 1974, as amended. If the Plan is suspended or terminated, all participants shall be fully vested in their accounts, including employer contributions and related earnings.

#### *Investments*

Net unrealized appreciation or depreciation caused by fluctuations in the market value of investments is reflected in the Statement of Changes in Net Assets Available for Benefits. Amounts invested earn interest and dividends, which in turn are reinvested in the participant's respective funds. Contributions are invested by the trustee as directed by the participants.

#### *Expenses*

The Company paid all administrative expenses of the Plan including legal and accounting fees during 2002 and 2001.

#### *Participant Accounts*

Each participant's account is credited with the participant's contribution and an allocation of (a) the Company's contribution and (b) the participant's earnings. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Additional Company contributions are allocated to individual participant accounts on a pro rata basis.

#### *Forfeitures*

Forfeited nonvested amounts are used to reduce future employer contributions. At December 31, 2002, forfeited nonvested accounts totaled \$9,924 (\$8,915 at December 31, 2001). In 2002, employer contributions were reduced by \$42,586 from forfeited nonvested accounts.

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## **NOTE B—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

#### *Basis of accounting*

The financial statements of the Plan have been prepared in conformity with accounting principles generally accepted in the United States of America (US GAAP) as applied to employee benefit plans, and in accordance with the Plan agreement.

#### *Estimates*

The preparation of financial statements in conformity with US GAAP, requires the Plan administrator to make estimates and assumptions that affect certain reported amounts and disclosures. Actual results could differ from those estimates.

#### *Investment valuation and income recognition*

The Plan's investments are stated at fair value. Shares of registered investment companies are valued at quoted market prices, which represent the net asset value of shares held by the Plan at year-end. The Company's stock is valued at its quoted market price.

Purchases and sales of securities are recorded on a trade-date basis. Income from interest and dividends is recorded on the accrual basis. Earnings and losses within each fund are allocated to participants based on their proportionate shares in the fund.

#### *Benefits*

Benefits are recorded when paid.

## **NOTE C—FEDERAL INCOME TAXES**

The Plan is subject to the ERISA, as amended, and certain provisions of the Internal Revenue Code (IRC). The Plan is intended to qualify under Section 401(a) of the IRC and prior to the latest Plan restatement the Internal Revenue Service has issued a favorable determination letter ruling dated June 17, 1995, that the Plan was designed in

accordance with applicable IRC requirements as of the date of their letter. The Plan has been restated using a Merrill Lynch prototype plan document. Although a determination letter has not yet been issued, management believes that the Plan is currently designed and operated in accordance with applicable IRC requirements. As a result, the Plan has not provided for federal income taxes.

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#### NOTE D—INVESTMENTS

The following presents investments that represent five percent or more of the Plan's net assets at December 31:

	2002	2001
Nature's Sunshine Products, Inc. common stock, 583,470 and 602,232 shares, respectively	\$ 5,665,492	\$ 7,070,203
Alliance Premier Growth Fund, 191,634 and 189,784 shares, respectively	2,633,051	3,856,412
Massachusetts Investors Trust Fund, 150,927 and 149,858 shares, respectively	1,942,436	2,484,642
Merrill Lynch Return Preservation Trust Fund, 2,865,543 and 2,265,373 shares, respectively	2,865,543	2,265,373
PIMCO Total Return Fund, 132,572 and 95,696 shares, respectively	1,414,544	1,000,985

During 2002, the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) depreciated in fair value as follows:

Common stock	\$ (1,208,335)
Mutual funds	(2,746,404)
Net depreciation in fair value	\$ (3,954,739)

#### NOTE E—RELATED PARTY TRANSACTIONS

Certain Plan investments are shares of mutual funds managed by Merrill Lynch Trust Company. Merrill Lynch Trust Company is the third party administrator as defined by the Plan and, therefore, these transactions qualify as party-in-interest transactions.

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#### SUPPLEMENTAL INFORMATION

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**Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan**  
**Employer Identification Number: 87-0327982**  
**Plan Number: 003**

#### ITEM 27a—SCHEDULE OF ASSETS HELD FOR INVESTMENT PURPOSES

December 31, 2002

(a)	(b) Identity of issue, borrower, lessor, or similar party	(c) Description of investment including maturity date, rate of interest, collateral, par or maturity value	(e) Current Value
*	Merrill Lynch Return Preservation Trust Fund	Money Market Fund	\$ 2,865,543
*	Nature's Sunshine Products, Inc. Common Stock	Corporate Stock	5,665,492
	Mercury HW International Value Distribution Fund	Mutual Fund	145,961
*	Merrill Lynch Fundamental Growth Fund	Mutual Fund	129,820
*	Merrill Lynch Basic Value Fund	Mutual Fund	22,966
*	Merrill Lynch Balanced Capital Fund	Mutual Fund	3,293
*	Merrill Lynch Bond High Income Fund	Mutual Fund	18,479
*	Merrill Lynch Global Allocation Fund	Mutual Fund	62,117
*	Merrill Lynch Equity Income Fund	Mutual Fund	547,371
	Dreyfus Premier Balanced Fund	Mutual Fund	317,944
	Franklin Mutual Beacon Fund	Mutual Fund	842,366

PIMCO Total Return Fund	Mutual Fund	1,414,544
PIMCO Stockplus Fund	Mutual Fund	22,369
Lord Abbett Developing Growth Fund	Mutual Fund	512,784
Van Kampen Emerging Growth Fund	Mutual Fund	722,345
* Merrill Lynch US Government Mortgage Fund	Mutual Fund	56,068
Alliance Premier Growth Fund	Mutual Fund	2,633,051
Ivy International Fund	Mutual Fund	161,920
Massachusetts Investors Trust Fund	Mutual Fund	1,942,436

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\$ 18,086,869

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\* Party-in-interest

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**Exhibit 23**

**CONSENT**

We consent to the incorporation by reference in this annual report on Form 11-K for the year ended December 31, 2002, of our report dated April 11, 2003, appearing in the Registration Statement on Form S-8 (file No. 0-8707) of Nature's Sunshine Products, Inc. Tax Deferred Retirement Plan filed with the Securities and Exchange Commission pursuant to the Securities Act of 1993 which became effective May 22, 1995.

GRANT THORNTON LLP

Provo, Utah  
June 11, 2003

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