UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

SCHEDULE 13G

(Amendment No. 4)

(Rule 13d-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13d-1(b), (c) AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(b)

Nature's Sunshine Products, Inc.

(Name of Issuer)

Common Stock, no par value per share (Title of Class of Securities)

639027101

(CUSIP Number)

December 31, 2023 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

 \boxtimes Rule 13d-1(b)

 \boxtimes Rule 13d-1(c)

 \Box Rule 13d-1(d)

1	NAME OF REPORTING PERSONS
	Prescott Group Capital Management, L.L.C.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*
	(a) \Box (b) \Box
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF	1,783,097
SHARES BENEFICIALLY	6 SHARED VOTING POWER
OWNED BY EACH	0
REPORTING	7 SOLE DISPOSITIVE POWER
PERSON WITH	1,783,097
WIIII	8 SHARED DISPOSITIVE POWER
	0
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,783,097
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	9.4%**
12	TYPE OF REPORTING PERSON*
	ΙΑ
* SEE INSTRUG	CTIONS BEFORE FILLING OUT
** SEE INSTRUC ** SEE ITEM /	

****** SEE ITEM 4.

1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap, L.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) (b) (c)
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF SHARES BENEFICIALLY	0 6 SHARED VOTING POWER
OWNED BY EACH	1,781,529
REPORTING	7 SOLE DISPOSITIVE POWER
PERSON WITH	0
	8 SHARED DISPOSITIVE POWER
	1,781,529
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,781,529
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	9.3%**
12	TYPE OF REPORTING PERSON*
	PN
* SEE INSTRUC** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

CUSIP No. 639027101

1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap II, L.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) □ (b) □
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF SHARES BENEFICIALLY	0 6 SHARED VOTING POWER
OWNED BY	1,781,529
EACH REPORTING	7 SOLE DISPOSITIVE POWER
PERSON WITH	0
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	8 SHARED DISPOSITIVE POWER
	1,781,529
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,781,529
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	9.3%**
12	TYPE OF REPORTING PERSON*
	PN
* SEE INSTRUC ** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

CUSIP No. 639027101

CUSIP No.	639027101
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1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap Master Fund, G.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) (b) (c)
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF	0
SHARES BENEFICIALLY	6 SHARED VOTING POWER
OWNED BY EACH	1,781,529
REPORTING	7 SOLE DISPOSITIVE POWER
PERSON	0
WITH	8 SHARED DISPOSITIVE POWER
	1,781,529
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,781,529
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	9.3%**
12	TYPE OF REPORTING PERSON*
	PN
* SEE IN ** SEE IT	ISTRUCTIONS BEFORE FILLING OUT TEM 4.

NAME OF REPORTING PERSONS
Phil Frohlich CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) (b) (c)
SEC USE ONLY
CITIZENSHIP OR PLACE OF ORGANIZATION
U.S. Citizen
5 SOLE VOTING POWER 1,783,097 6 SHARED VOTING POWER 0 0 7 SOLE DISPOSITIVE POWER 1,783,097 8 SHARED DISPOSITIVE POWER 0 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 1,783,097
CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9 9.4%**
TYPE OF REPORTING PERSON*

** SEE ITEM 4.

AMENDMENT NO. 4 TO SCHEDULE 13G

This Amendment No. 4 (the "Amendment") to the Schedule 13G (the "Schedule 13G") is being filed on behalf of Prescott Group Capital Management, L.L.C., an Oklahoma limited liability company ("Prescott Capital"), Prescott Group Aggressive Small Cap, L.P., an Oklahoma limited partnership ("Prescott Small Cap"), Prescott Group Aggressive Small Cap II, L.P., an Oklahoma limited partnership ("Prescott Small Cap, the "Small Cap Funds"), Prescott Group Aggressive Small Cap Master Fund, G.P., an Oklahoma general partnership ("Master Fund") and Mr. Phil Frohlich, the principal of Prescott Capital, relating to the Common Stock, no par value per share (the "Common Stock"), of Nature's Sunshine Products, Inc., a Utah corporation (the "Issuer").

This Amendment relates to shares of Common Stock of the Issuer held in the account of the (i) Master Fund, of which the Small Cap Funds are general partners, and (ii) a partnership of which Prescott Capital serves as the general partner (the "Account"). Prescott Capital serves as the general partner and investment manager of the Small Cap Funds and may direct the Small Cap Funds, the general partners of the Master Fund, to direct the vote and disposition of the 1,781,529 shares of Common Stock held by the Master Fund as of December 31, 2023. As the general partner of the Account, Prescott Capital may direct the vote and disposition of the 1,781,529 shares of Common Stock held by the Account as of December 31, 2023. As the principal of Prescott Capital, Mr. Frohlich may direct the vote and disposition of the 1,781,529 shares of Common Stock held by the Account as of December 31, 2023. As the principal of Prescott Capital, Mr. Frohlich may direct the vote and disposition of the 1,781,529 shares of Common Stock held by the Account as of December 31, 2023.

This Amendment amends and restates the Schedule 13G as follows.

Item 1(a) Name of Issuer.

Nature's Sunshine Products, Inc. (the "Issuer")

Item 1(b) Address of Issuer's Principal Executive Offices.

2901 Bluegrass Blvd., Suite 100 Lehi, Utah 84043

Item 2(a) Name of Person Filing.

Prescott Group Capital Management, L.L.C. ("Prescott Capital"), Prescott Group Aggressive Small Cap, L.P. ("Prescott Small Cap"), Prescott Group Aggressive Small Cap II, L.P. ("Prescott Small Cap II" and, together with Prescott Small Cap, the "Small Cap Funds"), Prescott Group Aggressive Small Cap Master Fund, G.P. ("Master Fund") and Mr. Phil Frohlich.

Item 2(b) Address of Principal Business Office, or, if none, Residence.

1924 South Utica, Suite 1120 Tulsa, Oklahoma 74104

Item 2(c) Citizenship or Place of Organization.

Prescott Capital is an Oklahoma limited liability company. The Small Cap Funds are Oklahoma limited partnerships. The Master Fund is an Oklahoma general partnership. Mr. Phil Frohlich is the principal of Prescott Capital and is a U.S. citizen.

Item 2(d) Title of Class of Securities.

Common Stock, no par value per share (the "Common Stock").

Item 2(e) CUSIP Number.

639027101

Item 3 Reporting Person.

If this statement is filed pursuant to Rule 13d-1(b), or 13d-2(b), check whether the person filing is a:

- (a) \square Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).
- (b) \square Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).
- (c) \Box Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).
- (d) 🗆 Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8).
- (e) \boxtimes An investment advisor in accordance with §240.13d-1(b)(1)(ii)(E).
- (f) \Box An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F).
- (g) \boxtimes A parent holding company or control person in accordance with 240.13d-1(b)(1)(ii)(G).
- (h) \Box A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813).
- (i) □ A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3).
- (j) \Box A non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J).
- (k) \Box Group, in accordance with §240.13d-1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J), please specify the type of institution: _____.

Item 4 Ownership.

- (a) Each of Prescott Capital and Mr. Phil Frohlich are the beneficial owners of 1,783,097 shares of Common Stock as of December 31, 2023. Each of the Small Cap Funds and the Master Fund are the beneficial owners of 1,781,529 shares of Common Stock as of December 31, 2023.
- (b) Each of Prescott Capital and Mr. Phil Frohlich are the beneficial owners of 9.4% of the outstanding shares of Common Stock as of December 31, 2023. This percentage is determined by dividing 1,783,097 by 19,075,041, the number of shares of Common Stock outstanding as of October 20, 2023, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Commission on November 7, 2023. Each of the Small Cap Funds and the Master Fund are the beneficial owners of 9.3% of the outstanding shares of Common Stock as of December 31, 2023. This percentage is determined by dividing 1,781,529 by 19,075,041, the number of shares of Common Stock outstanding as of October 20, 2023, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Common Stock as of December 31, 2023. This percentage is determined by dividing 1,781,529 by 19,075,041, the number of shares of Common Stock outstanding as of October 20, 2023, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Commission on November 7, 2023.
- (c) Prescott Capital, as the general partner and investment manager of the Small Cap Funds, the general partners of the Master Fund, may direct the Small Cap Funds to direct the voting and disposition of the 1,781,529 shares of Common Stock held by the Master Fund as of December 31, 2023. As the principal of Prescott Capital, Mr. Phil Frohlich may direct the voting and disposition of the 1,781,529 shares of Common Stock held by the Master Fund as of December 31, 2023. As the general partner of the Account, Prescott Capital may direct the vote and disposition of the 1,568 shares of Common Stock held by the Account as of December 31, 2023. As the principal of Prescott Capital, Mr. Phil Frohlich may direct the voting and disposition of the 1,568 shares of Common Stock held by the Account as of December 31, 2023. As the principal of Prescott Capital, Mr. Phil Frohlich may direct the voting and disposition of the 1,568 shares of Common Stock held by the Account as of December 31, 2023.

Item 5 Ownership of Five Percent or Less of a Class.

Inapplicable.

Item 6 Ownership of More Than Five Percent on Behalf of Another Person.

Inapplicable.

Item 7 Identification and Classification of the Subsidiary which Acquired the Security Being Reported On by the Parent Holding Company.

Inapplicable.

Item 8 Identification and Classification of Members of the Group.

Inapplicable.

Item 9 Notice of Dissolution of Group.

Inapplicable.

Item 10 Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: January 31, 2024

Prescott Group Capital Management, L.L.C.

By: <u>/s/ Phil Frohlich</u> PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap, L.P.

- By: Prescott Group Capital Management, L.L.C., its general partner
- By: <u>/s/ Phil Frohlich</u> PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap II, L.P.

- By: Prescott Group Capital Management, L.L.C., its general partner
- By: <u>/s/ Phil Frohlich</u> PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap Master Fund, G.P.

- By: Prescott Group Aggressive Small Cap, L.P., general partner
- By: Prescott Group Aggressive Small Cap II, L.P., general partner
- By: Prescott Group Capital Management, L.L.C., general partner
- By: <u>/s/ Phil Frohlich</u> PHIL FROHLICH, Managing Member

<u>/s/ Phil Frohlich</u> Phil Frohlich