# UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 13G (Amendment No. 2)

(Rule 13d-102)

# INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13d-1(b), (c) AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(b)

Nature's Sunshine Products, Inc. (Name of Issuer)

Common Stock, no par value per share (Title of Class of Securities)

639027101 (CUSIP Number)

December 31, 2021 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this schedule is filed.
⊠ Rule 13d-1(b)
⊠ Rule 13d-1(c)
□ Rule 13d-1(d)

1	NAME OF REPORTING PERSONS
	Prescott Group Capital Management, L.L.C.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*  (a) □ (b) □
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF SHARES BENEFICIALLY OWNED BY	1,010,091
	6 SHARED VOTING POWER 0
EACH	7 SOLE DISPOSITIVE POWER
REPORTING PERSON	1,010,091
WITH	8 SHARED DISPOSITIVE POWER
	0
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,010,091
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
-	
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	5.11%**
12	TYPE OF REPORTING PERSON*
	IA
* SEE INSTRUC ** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap, L.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*  (a) □ (b) □
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION  State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF	0
SHARES BENEFICIALLY OWNED BY	6 SHARED VOTING POWER 1,008,523
EACH REPORTING PERSON	7 SOLE DISPOSITIVE POWER 0
WITH	8 SHARED DISPOSITIVE POWER
0	1,008,523
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 1,008,523
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	5.10%**
12	TYPE OF REPORTING PERSON*
	PN
* SEE INSTRUC ** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap II, L.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP*  (a) □ (b) □
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF SHARES	0
BENEFICIALLY OWNED BY	6 SHARED VOTING POWER
EACH	1,008,523
REPORTING	7 SOLE DISPOSITIVE POWER
PERSON	0
WITH	8 SHARED DISPOSITIVE POWER
	1,008,523
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,008,523
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	5.10%**
12	TYPE OF REPORTING PERSON*
	PN
* SEE INSTRUC ** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

1	NAME OF REPORTING PERSONS
	Prescott Group Aggressive Small Cap Master Fund, G.P.
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) $\Box$ (b) $\Box$
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	State of Oklahoma
	5 SOLE VOTING POWER
NUMBER OF	0
SHARES BENEFICIALLY	6 SHARED VOTING POWER
OWNED BY	1,008,523
EACH REPORTING	7 SOLE DISPOSITIVE POWER
PERSON	0
WITH	8 SHARED DISPOSITIVE POWER
	1,008,523
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	1,008,523
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*
	П
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	5.10%**
12	TYPE OF REPORTING PERSON*
12	
	PN
* SEE IN ** SEE IT	ISTRUCTIONS BEFORE FILLING OUT EM 4.

# CUSIP No. 639027101

1	NAME OF REPORTING PERSONS
	Phil Frohlich
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) $\Box$ (b) $\Box$
3	SEC USE ONLY
4	CITIZENSHIP OR PLACE OF ORGANIZATION
	U.S. Citizen
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH	5 SOLE VOTING POWER  1,010,091
	6 SHARED VOTING POWER 0
REPORTING PERSON WITH	7 SOLE DISPOSITIVE POWER 1,010,091
	8 SHARED DISPOSITIVE POWER 0
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 1,010,091
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES CERTAIN SHARES*  □
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9 5.11%**
12	TYPE OF REPORTING PERSON*  IN, HC
* SEE INSTRUC ** SEE ITEM 4.	CTIONS BEFORE FILLING OUT

#### **AMENDMENT NO. 2 TO SCHEDULE 13G**

This Amendment No. 2 (the "Amendment") to the Schedule 13G (the "Schedule 13G") is being filed on behalf of Prescott Group Capital Management, L.L.C., an Oklahoma limited liability company ("Prescott Capital"), Prescott Group Aggressive Small Cap, L.P., an Oklahoma limited partnership ("Prescott Small Cap"), Prescott Group Aggressive Small Cap II, L.P., an Oklahoma limited partnership ("Prescott Small Cap II", and, together with Prescott Small Cap, the "Small Cap Funds"), Prescott Group Aggressive Small Cap Master Fund, G.P., an Oklahoma general partnership ("Master Fund") and Mr. Phil Frohlich, the principal of Prescott Capital, relating to the Common Stock, no par value per share (the "Common Stock"), of Nature's Sunshine Products, Inc., a Utah corporation (the "Issuer").

This Amendment relates to shares of Common Stock of the Issuer held in the account of the (i) Master Fund, of which the Small Cap Funds are general partners, and (ii) a partnership of which Prescott Capital serves as the general partner (the "Account"). Prescott Capital serves as the general partner and investment manager of the Small Cap Funds and may direct the Small Cap Funds, the general partners of the Master Fund, to direct the vote and disposition of the 1,008,523 shares of Common Stock held by the Master Fund as of the date hereof. As the general partner of the Account, Prescott Capital may direct the vote and disposition of the 1,568 shares of Common Stock held by the Account as of the date hereof. As the principal of Prescott Capital, Mr. Frohlich may direct the vote and disposition of the 1,008,523 shares of Common Stock held by the Master Fund as of the date hereof and the 1,568 shares of Common Stock held by the Account as of the date hereof.

#### Item 1(a) Name of Issuer.

Nature's Sunshine Products, Inc. (the "Issuer")

#### Item 1(b) Address of Issuer's Principal Executive Offices.

2901 West Bluegrass Blvd., Suite 100 Lehi, Utah 84043

# Item 2(a) Name of Person Filing.

Prescott Group Capital Management, L.L.C. ("Prescott Capital"), Prescott Group Aggressive Small Cap, L.P. ("Prescott Small Cap"), Prescott Group Aggressive Small Cap II, L.P. ("Prescott Small Cap II" and, together with Prescott Small Cap, the "Small Cap Funds"), Prescott Group Aggressive Small Cap Master Fund, G.P. ("Master Fund") and Mr. Phil Frohlich.

## Item 2(b) Address of Principal Business Office, or, if none, Residence.

1924 South Utica, Suite 1120 Tulsa, Oklahoma 74104

# Item 2(c) Citizenship or Place of Organization.

Prescott Capital is an Oklahoma limited liability company. The Small Cap Funds are Oklahoma limited partnerships. The Master Fund is an Oklahoma general partnership. Mr. Phil Frohlich is the principal of Prescott Capital and is a U.S. citizen.

## Item 2(d) Title of Class of Securities.

Common Stock, no par value per share (the "Common Stock").

## Item 2(e) CUSIP Number.

639027101

# **Item 3** Reporting Person.

If this statement is filed pursuant to Rule 13d-1(b), or 13d-2(b), check whether the person filing is a:

(a)		Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).
(b)		Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).
(c)		Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).
(d)		Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8).
(e)	$\boxtimes$	An investment advisor in accordance with §240.13d-1(b)(1)(ii)(E).
(f)		An employee benefit plan or endowment fund in accordance with §240.13d-1(b)(1)(ii)(F).
(g)	$\boxtimes$	A parent holding company or control person in accordance with §240.13d-1(b)(1)(ii)(G).
(h)		A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813).
(i)		A church plan that is excluded from the definition of an investment company under Section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3).
(j)		A non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J).
(k)		Group, in accordance with $\$240.13d-1(b)(1)(ii)(K)$ . If filing as a non-U.S. institution in accordance with $\$240.13d-1(b)(1)(ii)(J)$ , please specify the type of institution:

#### Item 4 Ownership.

- (a) Each of Prescott Capital and Mr. Phil Frohlich are the beneficial owners of 1,010,091 shares of Common Stock. Each of the Small Cap Funds and the Master Fund are the beneficial owners of 1,008,523 shares of Common Stock.
- (b) Each of Prescott Capital and Mr. Phil Frohlich are the beneficial owners of 5.11% of the outstanding shares of Common Stock. This percentage is determined by dividing 1,010,091 by 19,760,612, the number of shares of Common Stock outstanding as of October 22, 2021, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Commission on November 4, 2021. Each of the Small Cap Funds and the Master Fund are the beneficial owners of 5.10% of the outstanding shares of Common Stock. This percentage is determined by dividing 1,008,523 by 19,760,612, the number of shares of Common Stock outstanding as of October 22, 2021, as reported in the Issuer's Form 10-Q filed with the Securities and Exchange Commission on November 4, 2021.
- (c) Prescott Capital, as the general partner and investment manager of the Small Cap Funds, the general partners of the Master Fund, may direct the Small Cap Funds to direct the voting and disposition of the 1,008,523 shares of Common Stock held by the Master Fund. As the principal of Prescott Capital, Mr. Phil Frohlich may direct the voting and disposition of the 1,008,523 shares of Common Stock held by the Master Fund. As the general partner of the Account, Prescott Capital may direct the vote and disposition of the 1,568 shares of Common Stock held by the Account. As the principal of Prescott Capital, Mr. Phil Frohlich may direct the voting and disposition of the 1,568 shares of Common Stock held by the Account.

### Item 5 Ownership of Five Percent or Less of a Class.

Inapplicable.

Item 6 Ownership of More Than Five Percent on Behalf of Another Person.

Inapplicable.

Item 7 Identification and Classification of the Subsidiary which Acquired the Security Being Reported On by the Parent Holding Company.

Inapplicable.

Item 8 Identification and Classification of Members of the Group.

Inapplicable.

Item 9 Notice of Dissolution of Group.

Inapplicable.

## Item 10 Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

## **SIGNATURE**

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: February 9, 2022

Prescott Group Capital Management, L.L.C.

By: /s/ Phil Frohlich

PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap, L.P.

By: Prescott Group Capital Management, L.L.C.,

its general partner

By: /s/ Phil Frohlich

PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap II, L.P.

By: Prescott Group Capital Management, L.L.C.,

its general partner

By: /s/ Phil Frohlich

PHIL FROHLICH, Managing Member

Prescott Group Aggressive Small Cap Master Fund, G.P.

By: Prescott Group Aggressive Small Cap, L.P.,

general partner

By: Prescott Group Aggressive Small Cap II, L.P.,

general partner

By: Prescott Group Capital Management, L.L.C.,

general partner

By: /s/ Phil Frohlich

PHIL FROHLICH, Managing Member

/s/ Phil Frohlich
Phil Frohlich