UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 17, 2023



NATURE'S SUNSHINE PRODUCTS, INC.

(Exact name of registrant specified in its charter)

Utah001-3448387-0327982(State or other jurisdiction of incorporation)(Commission File Number)(I.R.S. Employer Identification No.)

2901 West Bluegrass Blvd., Suite 100
Lehi, Utah 84043
(Address of principal executive offices and zip code)

Registrant's telephone, including area code: (801) 341-7900

N/A

(Former name and former address, if changed since last report)

Check the appropriate box belo	ow if the Form 8-K filing	s is intended to simulta	aneously satisfy the fi	ling obligation of the reg	gistrant under any of the	e following provisions kee
General Instruction A.2. below):					

I Instruction A.2. below):							
Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)							
Soliciting material pursuant to Rule 14a-12 under the	e Exchange Act (17 CFR 240.14a-12))					
Pre-commencement communications pursuant to Ru	le 14d-2(b) under the Exchange Act ((17 CFR 240.14d-2(b))					
Pre-commencement communications pursuant to Ru	le 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))					
Title of each Class	Trading Symbol	Name of each exchange on which registered					
Common Stock, no par value	NATR	Nasdaq Capital Market					
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	C	extended transition period for complying with any new or revised finance	ial				
	Written communications pursuant to Rule 425 under Soliciting material pursuant to Rule 14a-12 under the Pre-commencement communications pursuant to Rule Pre-commencement communications pursuant to Rule Title of each Class Common Stock, no par value by check mark whether the registrant is an emerging urities Exchange Act of 1934 (§240.12b-2 of this chap) thereging growth company, indicate by check mark if the	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (Title of each Class Trading Symbol Common Stock, no par value NATR by check mark whether the registrant is an emerging growth company as defined in Rule 4 urities Exchange Act of 1934 (§240.12b-2 of this chapter).	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) Title of each Class Trading Symbol Name of each exchange on which registered Common Stock, no par value NATR Nasdaq Capital Market by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§203.405 of this chapter) or Rule 12b-2 urities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised finance.				

Item 8.01 Other Events

On February 17, 2023, Nature's Sunshine Products, Inc. (the "Company") became aware that Synergy Worldwide Japan G.K., a Japan entity and wholly owned subsidiary of the Company ("Synergy Japan"), was the victim of a criminal scheme involving employee impersonation and fraudulent requests targeting Synergy Japan. The criminal scheme resulted in a series of fraudulently induced wire transfers between February 1, 2023, and February 17, 2023 totaling \$4.8 million. The Company promptly launched an investigation, led by an independent third party, to determine the full extent of the fraud scheme and related potential exposure. The Company expects to record a one-time pretax charge of up to \$4.8 million in the first quarter of 2023 as a result of this event. The Company self-discovered this fraudulent activity and promptly initiated contact with its bank as well as appropriate law enforcement authorities in an effort to, among other things, recover the transferred funds. To date, the Company has not found any evidence of additional fraudulent activity and does not believe the incident resulted in any unauthorized access to confidential consumer information or other data maintained by the Company. While this matter will result in additional near-term expenses, the Company does not expect this incident to otherwise have a material impact on its business.

This Current Report on Form 8-K contains forward-looking statements regarding the Company's future business expectations, which are subject to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements may include, but are not limited to, statements relating to potential losses resulting from the fraudulently induced wire transfers and related impacts of such events. All statements (other than statements of historical fact) that address activities, events or developments that we intend, expect, project, believe or anticipate will or may occur in the future are forward-looking statements. These statements are often characterized by terminology such as "believe," "hope," "may," "anticipate," "should," "intend," "plan," "will," "expect," "estimate," "project," "positioned," "strategy" and similar expressions, and are based on assumptions and assessments made in light of our experience and perception of historical trends, current conditions, expected future developments and other factors we believe to be appropriate. Forward-looking statements are not guarantees of future performance and are subject to risks and uncertainties, including those detailed under the caption "Risk Factors" in our reports filed with the Securities and Exchange Commission, including our Annual Report on Form 10-K and Quarterly Reports filed on Form 10-Q. All forward-looking statements speak only as of the date of this press release and are expressly qualified in their entirety by the cautionary statements included in or incorporated by reference into this press release. Except as is required by law, the Company expressly disclaims any obligation to publicly release any revisions to forward-looking statements to reflect events after the date of this press release.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: February 24, 2023 By: /s/ L. Shane Jones

L. Shane Jones, Chief Financial Officer