# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

### FORM 8-K

# CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 16, 2020



### NATURE'S SUNSHINE PRODUCTS, INC.

(Exact name of registrant specified in its charter)

001-34483

87-0327982

Utah

|   | (State or other jurisdiction of incorporation)                         | (Commission File Number                         | er) (I.R.S. Employer Identification No                               | 0.)      |
|---|--|---|--|----------|
| 2901 West Bluegrass Blvd., Suite 100, Lehi, Utah  |  |   | 84043  |          |
| (Address of principal executive offices)  |  |   | (Zip Code)   |          |
|   |  | Registrant's telephone, including area coo      | le: (801) 341-7900   |          |
|   |  | N/A (Former name and former address, if change) | ged since last report)   |          |
|   | appropriate box below if the Form 8-K filing is struction A.2. below): | s intended to simultaneously satisfy the fili   | ng obligation of the registrant under any of the following provision | ons (see |
| □ Wri   | tten communications pursuant to Rule 425 un                            | der the Securities Act (17 CFR 230.425)         |  |          |
|   | iciting material pursuant to Rule 14a-12 under                         | the Exchange Act (17 CFR 240.14a-12)            |  |          |
| □ Pre-  | -commencement communications pursuant to                               | Rule 14d-2(b) under the Exchange Act (17        | CFR 240.14d-2(b))  |          |
| ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))  |  |   |  |          |
|   | Title of each Class  | Trading Symbol                                  | Name of each exchange on which registered                            |          |
|   | Common Stock, no par value   | NATR  | Nasdaq Capital Market  |          |
| adicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§203.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).  Emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial eccounting standards provided pursuant to Section 13(a) of the Exchange Act. |  |   |  |          |
|   |  |   |  |          |

## Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

#### **Compensatory Arrangements of Certain Officers**

On March 3, 2020, the Compensation Committee of the Board of Directors of Nature's Sunshine Products, Inc. (the "Company") increased the base salary of its Chief Financial Officer, Mr. Joseph W. Baty, from \$375,000 to \$382,500, which increase is effective March 16, 2020. The Compensation Committee also increased Mr. Baty's target percentage for purposes of his annual cash incentive from 55% of his base salary to 60% of his base salary.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: March 20, 2020 By: /s/ Nathan G. Brower

Nathan G. Brower, Executive Vice President, General Counsel and Secretary